

# HEALTH PROTOCOLS FOR THE ORGANISATION OF ROAD CYCLING COMPETITIONS IN 2020

### FAQ

### 1. Should the protocol be applied by all teams and all races in the same way?

There are two applicable protocols, depending on the level of race:

- A tighter protocol for UCI WorldTour (UWT), UCI Women's WorldTour (UWWT), UCI ProSeries (PRO) races;
- A protocol applicable to Class 1 and 2 races and relating to international standards for the systematic screening of virus carriers.

These protocols differ in terms of the medical rules relating to participation.

However, the measures to be implemented by organisers at an event are the same, regardless of the level of race.

### 2. If a different protocol is implemented at a race/by a team, which should be followed?

In the event that different protocols contradict each other (protocols implemented by an employer, the event organiser, the National Federation, the health authorities in the country in question or the UCI), it is recommended but not compulsory that you follow the strictest protocol. Of course, health authorities' measures must always be followed according to local laws.

Having said that, the UCI will check that the protocol in question covers, at the very least, the requirements set out in the UCI protocol.

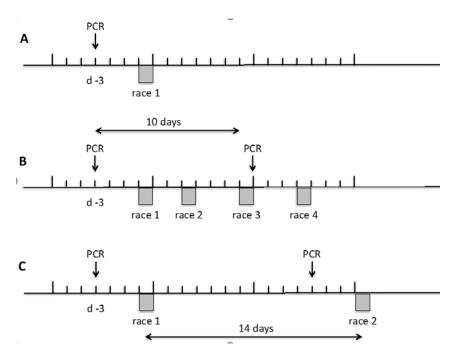
#### 3. In order to be able to take part in a race how many tests should riders undergo and when?

The requirements will vary depending on the type of protocol applicable to the race in question (c.f. 1). All the requirements will be set out in the protocol.

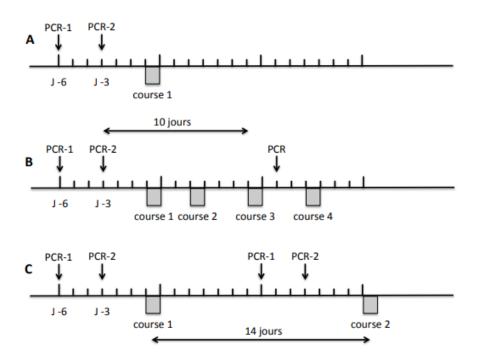
To better understand the various situations, please refer to the diagrams used in the protocols and provided below:

### For one-day races

### Standard protocol: Class 1, Class 2

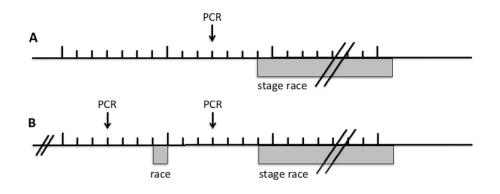


### Tighter protocol: UWWT, UWT, PRO

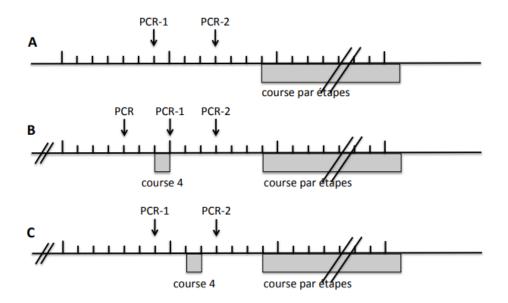


### For stage races

### Standard protocol: Class 1, Class 2



### Tighter protocol: UWWT, UWT, PRO



### 4. Should riders and staff be tested at the same time and in the same place?

No. All that matters is that the deadlines set out in the protocol are observed.

#### 5. Should we use a specific service provider to take the tests?

No. With a view to simplifying operations, we advise you to use the same service provider. The sole obligation you have relates to the quality of the tests conducted by the service provider, namely that checks should be made beforehand as to their ability to conduct tests in line with the requirements set out in the protocol and within the stipulated deadlines.

Having said that, the UCI has already suggested that team doctors make use of specialist providers. Please do not hesitate to contact us about this should you need to.

### 6. What should riders do if they can take a test in the 72 hours before a race but will not be able to receive the results before the race?

It is the responsibility of each person involved in this process to ensure that results are notified in time. If the laboratory is unable to make exceptions, another test provider should be found.

In general, results can be provided within 24 hours.

### 7. How many days in advance should teams arrive for an event?

There has been no need to change the programme for arriving at races. Teams remain free to organise their travel as and when they wish, as long as they comply with the pre-event test protocol.

### 8. How can we find out which measures race organisers have put in place?

All measures should be recorded in a standardised document that must be uploaded to a documentsharing platform set up by the UCI and made accessible to teams. The document must be made available two weeks before the event.

### 9. Are the results of tests notified by telephone only? What is the procedure?

Test results are provided in the first instance by phone.

In all cases, written confirmation is then sent to the prescribing doctor in question.

In order for a rider to be eligible for an event, the doctor must certify that a test has been conducted and that the result is negative. They must retain written confirmation of the results.

The status of all people attending races must, as a matter of course, be updated on the COVID-19 platform for teams within the stipulated timeframes.

### 10. Do riders taking part in three one-day races in a week have to take a separate test before each race?

No. A PCR test result remains valid for ten days and may be used for all the races in which a rider competes in this timeframe.

### 11. Who should cover the costs that arise as a result of applying the protocol?

There are no regulations to this effect and we have established a principle whereby all costs relating to 'non-competition' operations are met by teams (pre-race testing) and all costs relating to 'in-race' operations are met by organisers (any intermediate tests conducted during stage races; materials and signage enabling social distancing measures to be met; provision of additional rooms in hotels to ensure the protocol is met during stage races, if necessary). However, where teams are liable for hotel costs (one-day races), they are required to meet them.

### 12. Have sports director meetings been cancelled for the time being or can they be held by video call?

No, they have not been cancelled. Sports directors are required to attend the meeting in person, though we ask teams to strictly limit the number of participants (one sports director per team). Meeting rooms should be laid out in such a way to enable sufficient social distancing and masks must be worn.

### 13. What do I do if there are no tests available in my country of residence?

Tests are essential to the correct application of the protocol and a reduction in the risk of contamination. The UCI may, however, suggest the use of specialist service providers working on samples sent by express delivery (c.f. 5).

## 14. What happens when one or more rider(s)/staff member(s) tests/test positive for COVID-19 at a race?

We ask teams to comply strictly with the instructions given by the event's COVID-19 coordinator and doctor. It is their job to ensure that procedures are observed, in line with the national provisions in force.

## 15. We have a hospitality programme with partners who have to come to the race to meet the team. What do we do?

We would ask you for this year to restrict this type of programme to what is only absolutely necessary. Should you have to run such a programme, your guests must follow the same protocol as the one put in place for riders and staff.

### 16. What is the procedure at feeding stations?

Official feeding stations that are signposted by the organisers attract a large number of spectators and it may be difficult to ensure that they are safe and comply with the health measures imposed in response to the COVID-19 pandemic.

The following changes have thus been made to the UCI Regulations and will apply through to the end of the 2020 season:

- The application of Article 2.3.025 of the UCI Regulations has been made optional. As a result, organisers are not required to set up signposted zones set aside for feeding riders. If, however, organisers do choose to set up such a zone, they must ensure that it is safe and that spectators are not allowed to enter it.
- In the event that organisers do not set up signposted zones, feeding can take place as follows:
  - Feeding of riders from team cars, as provided for in Article 2.3.025 bis.
  - Free feeding of riders in accordance with the provisions of Article 2.3.026 through the use of bottles and bags.
  - In all cases, the provisions set out in Article 2.3.027 shall apply (feeding during the first 30 and last 20 kilometres, on descents and in the approach to a sprint, etc is strictly forbidden).
- In all cases, organisers must set up waste zones, with at least one being set up at around the midpoint of the course and one in the final 10 to 20 kilometres of the event or stage.

### 17. What's going to happen at awards ceremonies?

Organisers are responsible for making changes to awards ceremonies in line with the provisions applicable in the countries where events are being held and in line with the protocol.

The number of people with access to the awards ceremony area will be restricted and social distancing measures will be observed on the podium.

### 18. Will riders being tested for antidoping also be tested for COVID-19?

No. These tests come under different areas and regulations.

### 19. Do riders/staff members have to wear masks at events? If so, when?

Teams are asked to comply with the instructions given by organisers with regard to the wearing of masks. Masks must be worn, however, at all meetings and on all journeys, except by riders when warming up, during the race and when making their way to the team bus after the race and the awards ceremony.

### 20. One of my riders/staff members needs an official certificate stating that they must attend a specific race. Who can issue such a certificate?

We advise you to contact the authority requesting such a certificate to ascertain what they want exactly. It may be the case that confirmation is required from the employer, stating that the rider is one of their employees and that their presence is required: from a race organiser, stating that the rider has entered a specific race; from the National Federation issuing the rider's licence, stating that the rider is registered as a professional rider; or from the UCI.

In all cases, we are there to support you in such a process.

### 21. Is a doctor required to attend every event in which the team competes?

Such a requirement is not stipulated in the UCI Regulations or the protocol for all events. In accordance with Article 13.3.013 of the UCI Regulations, only UCI WorldTeams and UCI ProTeams competing at events lasting three days or more are required to have a doctor present for the full event.

It is the responsibility of teams, however, to determine if the presence of a doctor is required at an event or not.

#### 22. Will the protocol continue to be applied through to the end of the season?

The protocol will apply for as long as the health situation requires, though it is subject to change in line with developments.

Please check the UCI website regularly to keep up to date with the rules in force.

#### 23. Who should I contact if have questions about this protocol?

To have your query dealt with as quickly as possible, we strongly advise you to write to the Road Department at <u>road@uci.ch</u>.