



**Proposed “Life Bubble” Plan
for
2021 Tissot UCI Track Cycling Nations Cup Hong Kong, China**

DRAFT

Prepared by
The Cycling Association of Hong Kong China Limited
as of 01.04.2021

DRAFT “LIFE BUBBLE” PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

CURRENT HONG KONG INBOUND TRAVEL RESTRICTION – NO ENTRY TO HONG KONG FOR NON-HONG KONG RESIDENTS FROM OVERSEAS

The following measures have been effective from 25 March 2020 until further notice.

1. All non-Hong Kong residents coming from overseas countries/regions by plane will be denied entry to Hong Kong.
2. All non-Hong Kong residents coming from Mainland China, Macao and Taiwan will be subject to a 14-day compulsory quarantine after entering Hong Kong, but entry will be denied if any non-Hong Kong resident has been to any overseas countries/regions in the 14 days prior to arrival in Hong Kong.
3. Cross boundary land transport is suspended for all passengers at Hong Kong International Airport.

For more information, you may refer to the Hong Kong International Airport website <https://www.hongkongairport.com/en/important-notice/index.page?noticeid=1603728512271-2> and COVID-19 website for latest information of measures carried out by the HKSAR Government: <https://www.coronavirus.gov.hk/eng/inbound-travel.html>

REQUEST FOR EXEMPTION FROM COMPULSORY QUARANTINE FOR NATIONS CUP OVERSEAS

TRAVELLING GROUP

The Cycling Association of Hong Kong China, Limited (CAHK) is seeking HKSAR Government for their support through facilitating the entry of overseas travelling group (including overseas teams, international commissaries/officials and professional technical staffs) to Hong Kong with exemption from 21 Days compulsory quarantine. CAHK has proposed a “Bubble Plan” for overseas travelling group according to UCI’s COVID-19 guidelines and latest mitigation measures for the pandemic, with objectives to protect the health of all participants and to minimize the risk of spreading the virus in Hong Kong.

The “Bubble Plan” is undergoing the revision by the HKSAR Government and it is YET to be approved.

The HKSAR Government has indicated that the final decision of quarantine exemption may vary and subject to 4 different scenarios to different nations according to the relevant risk level of specified places:

1. Nations may have no entry to Hong Kong
2. Nations have entry to Hong Kong with 21 days quarantine requirement
3. Nations have entry to Hong Kong with different quarantine periods requirement
4. Nations have entry to Hong Kong without any quarantine requirement

DRAFT BUBBLE PLAN

CONTENT

Introduction	P.5
Purpose	P.5
Measures for Different Group	
Overseas Travelling Group (Teams, Officials and Contractors)	P.6
• Pre-Travel Health Screening	P.7
• Pre-Travel Documents	P.7 – P.8
• Quarantine Procedures for entry via airport	P.9
• Point-to-point transportation (Limited locations)	P.10 – P.12
• Accommodation (room and meal arrangement)	P.13 – P.17
• Route and transportation between hotel and HK Velodrome	P.18 – P.23
• Pre-event and Post-event PCR Test	P.24 – P.26
• Team’s conduct in hotel and competition venue	P.27
Local Officials	P.28 – P.29
Race Day Operation	
• COVID-19 doctor and COVID team	P.29
• Onsite medical and first aid support	P.30 – P.31
• COVID-19 reporting policy	P.32 – P.37
• Accreditation	P.38
• Team warm-up area	P.39 – P.40
• Venue facilities and management	P.41 – P.46
• Spectator arrangement (social distancing)	P.47 – P.48
• Media arrangement (social distancing)	P.49 – P.50
• VIP / Guest arrangement	P.51 – P.52
• Doping control	P.53 – P.54
• Award ceremony	P.55
• Cleaning program	P.56

A) INTRODUCTION

For the Hong Kong leg of the UCI Track Nations Cup, around 300 world’s top riders competing for medals on 13th to 16th May 2021 is expected. So, this event is counted as “mass gathering” according to the World Health Organization (WHO) definition. The Local Organizing Committee (LOC) recognizes the importance of maintaining the safety and health of everyone involved at 2021 UCI Track Nation Cup, including riders, coaches, working staff, volunteers and spectators. In this connection, the LOC would like to adopt a bubble plan to develop a controlled environment for these participants and the local core staff members in order to avoid the negative impacts toward COVID-19 and the oversea participants can have a fair and favourable environment to prepare this race. The LOC ensure that appropriate and adequate measures are in place to protect the health of all participants as well as minimize the risk of disease outbreak.

B) PURPOSE

- These Guidelines are designed to address health and safety organizational aspects to consider for 2021 UCI Track Cycling Nations Cup, Hong Kong, China, under the threat of a COVID-19 pandemic situation. These Guidelines are based on available scientific and medical knowledge from the World Health Organization (WHO) and Union Cycliste Internationale (UCI) regarding SARS CoV-2; the virus responsible for COVID-19.
- These Guidelines represent guidance on the recommended minimum requirements that LOC should consider ensuring personal and public health for the following target group:
 1. Team Riders and Team Staffs
 2. Commissaires and Event Technical Officials
 3. Volunteers and Workforce
 4. Medical and Doping Control Staffs
 5. Media
 6. Spectators
 7. Venue Staffs
- These Guidelines covers a wide range of subjects, including control of the risks of human-to-human transmission, emergency preparedness and response plans, coordination of actors and partners, communication, awareness campaigns on the means to prevent COVID-19.

C) MEASURES FOR DIFFERENT GROUPS

1. OVERSEAS TRAVELLING GROUP (TEAMS, OFFICIALS AND CONTRACTORS) (LIFE BUBBLE PLAN)

- With reference to the previous edition of UCI Track Cycling World Cup, there is around 550 pax of overseas individuals including riders, team officials, UCI’s officials, International Technical Officials, timing officials, specialist contractors will involve in the competition.
- It is expected that the majority will arrive Hong Kong on the 8th/9th May and depart within 2-3 days after the race (between 16th – 18 May)

Function	No. pax
Riders	Around 280 pax
Team officials (Team manager, mechanic, doctor)	Around 240 pax
UCI Staffs	Around 4 pax
Doping Control team	Around 3 pax
International Commissaire	Around 10 pax
Swiss Timing staff	Around 4 pax
Judge referee Operator	1 pax
Staff of UCI Travel Agency	Around 4 pax
Staff for track painting	Around 5 pax
Staff for sport presentation	Around 3 pax
TV producer	Around 3 pax
English commentator	1pax

● **PRE-TRAVEL HEALTH SCREENING**

- All teams (including riders and team officials), International Technical Officials, timing officials, specialist contractors and UCI’s officials are required to monitor their health status continuously (including taking their body temperature and monitoring for any symptoms) from 14 days before their arrival at Hong Kong.

● **PRE-TRAVEL DOCUMENTS**

- All overseas travelling group is required to have Pre-travel health check.
- All overseas teams and officials are required to present a negative result proof of a nucleic acid test. For the negative result proof of a nucleic acid test for COVID-19 conducted within 72 hours before the scheduled time of departure of the aircraft, relevant documents should include the following:
 1. A test report in English or Chinese issued by a laboratory or healthcare institution bearing the name of the relevant traveller identical to that in his or her valid travel document to show that:
 - a. the relevant traveller underwent a nucleic acid test for COVID-19, the sample for which was taken from the relevant traveller within 72 hours before the scheduled time of departure of the specified aircraft;
 - b. the test conducted on the sample is a nucleic acid test for COVID-19; and
 - c. the result of the test is the relevant traveller was tested negative for COVID-19; and
 2. If the relevant report is not in English or Chinese or does not contain all of the above information, a written confirmation in English or Chinese issued by the laboratory or healthcare institution bearing the name of the relevant traveller identical to that in his or her valid travel document and setting out all of the above information. The said written confirmation should be presented together with the test report; and

DRAFT “LIFE BUBBLE” PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

3. Documentary proof in English or Chinese to show that the laboratory or healthcare institution is ISO 15189 accredited or is recognized or approved by the relevant authority of the government of the place in which the laboratory or healthcare institution is located; and
- The required Pre-travel Document may subject to change based on the latest epidemic situation of COVID-19 and Hong Kong Government’s policy. For more information, you may refer to the COVID-19 website for latest information carried out by the HKSAR Government:
<https://www.coronavirus.gov.hk/eng/high-risk-places.html>

DRAFT

● **QUARANTINE PROCEDURE DURING ARRIVAL**

- [BEFORE BOARDING] Health and Quarantine Information Declaration
- Travellers needs to fill in and [submit the “Health & Quarantine Information Declaration” form](#) with their smartphone or mobile device before boarding. After submitting the online form, download the result (by clicking “Save QR Code” button) or capture the screen. The QR code is valid for 48 hours.
- Upon arrival, inbound travellers are required to submit the health declaration result to the staff of the Department of Health.

- [PCR TEST AT ARRIVAL] Testing at Temporary Specimen Collection Centre (TSCC)
- Travellers arrives Hong Kong via the Hong Kong International Airport will be required to proceed to the TSCC set up in the restricted area of the Airport for COVID-19 testing immediately upon arrival.
- They will need to stay at the TSCC to wait for test results which will be available on the same day. They can only proceed with immigration procedures and collect their checked-in baggage after completing relevant testing procedures. The waiting time is approximately 3 to 4 hours but could be up to 12 hours or more.

- [ARRIVAL PICKUP] Travellers exit at Hall A
- Once their results are issued, LOC will provide direct transportation services for the individual with negative COVID-19 test result from Airport to the event’s official hotels in Tseung Kwan O. Their baggage, bikes and other equipment will be transported by lorry to the Hong Kong Velodrome.

- If a sample tests positive, the related person and the close contact is required to follow the quarantine procedure of the Hong Kong Government.
- For more details, you may refer to HKSAR you may refer to the COVID-19 website for latest information carried out by the HKSAR Government:
https://www.coronavirus.gov.hk/eng/quarantine_procedures_airport.html

● **POINT-TO-POINT TRANSPORTATION (LIMITED LOCATIONS)**

- All persons under “life bubble” plan will have limited access only between airport, Hong Kong Velodrome/Tseung Kwan O Sports Ground and official hotels through the official shuttle buses arranged by the Organizer. Get off at other than the above locations will not be allowed.
- LOC will provide shuttle bus service for overseas teams and officials according to the below protocols.

No. of person in same arrival time-slot	No. of shuttle bus & seat	Max. Occupancy rate of each bus
Less than 14 pax	1 x 28-seat shuttle bus	50%
15 – 22 pax	1 x 45-seat shuttle bus	48.8%
23 – 44 pax	2 x 45-seat shuttle bus	48.8%
45 – 60 pax	2 x 60-seat shuttle bus	50%

(According to **Cap. 599G Prevention and Control of Disease (Prohibition on Group Gathering) Regulation**, the maximum number of persons on a conveyance must not exceed 50%)

- All passengers are required to wear a mask and seated at minimum distance (1 meter) from each other in accordance with Cap. 599I Prevention and Control of Disease (Wearing of Mask) Regulation.
- Shuttle bus will be allocated by nations. Each shuttle bus serves one team at the same time in order to avoid the spread of virus among different groups and enhance the efficiency of contact tracing.
- **Each dedicated shuttle bus will comply following rules:**
 - Be used exclusively for transporting for the Nations Cup overseas travelling group.
 - Display suitable signage at prominent location to distinguish the exclusive use of such designated shuttle bus.
 - Carry at most half of the maximum capacity of passengers allowed.

DRAFT “LIFE BUBBLE” PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

- Maximize fresh air intake by using air conditioning system of the vehicle and opening of windows.
 - Provide hand sanitizers for passengers inside the compartment.
 - Disinfect every piece of baggage with 1 in 49 diluted household bleach or 70-80% alcohol before its uploading onto the vehicle. Driver or supporting staff who help with baggage disinfection will put on appropriate personal protective equipment (PPE) (e.g. surgical mask for all, eye protection if there is risk of splash to the eyes or within 1 metre of passengers, gown and gloves if body or clothing may come into contact with body fluid or contaminated surfaces or disinfectants).
 - Ensure that passengers are wearing masks and observe hand hygiene during the journey. Avoid having the passenger sitting next to the driver to minimize the chance of physical contact with the driver and hence contamination.
 - To equip with a CCTV inside the compartment for monitoring the events therein throughout the journeys (for making sure that there is no detour / stopover, and that the vehicle is not taking passengers other than the Nations Cup overseas travelling group, etc.)
 - Upon completion of every single journey, the service provider will thoroughly clean and disinfect both the interior and exterior of the vehicle. Properly clean and disinfect with 1 in 49 diluted household bleach or 70-80% alcohol, in particular, areas frequently touched by the driver and/or passengers. For areas contaminated by body fluid, disinfect with 1 in 4 diluted household bleach. Persons responsible for conducting disinfection will put on appropriate PPE (surgical mask, eye protection, gown and gloves).
- **Drivers of the dedicated shuttle bus will comply following rules:**
- Drivers to maintain social distancing with the passengers without direct physical contact and to wear surgical mask when driving.
 - In case social distancing within the compartment of the vehicle is difficult to maintain, drivers will be required to put on surgical mask, eye protection, gown and performing hand hygiene. They will follow the proper gowning and degowning process according to the following hyperlinks:

DRAFT “LIFE BUBBLE” PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

<https://www.chp.gov.hk/en/static/32975.html> (English version) and

<https://www.chp.gov.hk/tc/static/32975.html> (Chinese version).

- Undergo full training on disinfection of vehicle internally and externally if they are responsible for decontamination of the vehicle.
- Undergo COVID-19 test every 14 days.
- The above (except for training on disinfection of vehicles) are also applicable to working staff if there is any travelling on the designated vehicle.

- **Vehicle companies will be required to comply following rules:**

- Keep records on the vehicles used for exempted persons.
- Keep records on the drivers and working staff deployed to drive/man the vehicles.
- Keep records on disinfections of vehicles.
- Keep training records on its staff on infection control measures.
- Keep CCTV records (if applicable) of the compartments of the vehicles.
- All the above records should be kept for a period of at least 21 days and be made available to the Government for inspection as and when required.

● **ACCOMODATION**

- All overseas travelling group is required to be accommodated in OFFICIAL HOTEL – Crowne Plaza Hong Kong Kowloon East (CP) and Holiday Inn Express Hong Kong Kowloon East (HIE).
- Guest room in both CP and HIE fulfil the ventilation rate of 6 air changes per hour (ACH) with independent fan coil system.
- Sufficient distance operated between the Primary Air handing Unit and the Exhaust Fan.
(Please refer to **Appendix 1** for air side and drawing of ventilation schematic of both hotels)
- Designed team of hotel staff will be responsible for taking care the floors allocated at CP.
- All hotel staff will be tested before and after event.

a. Room Arrangement

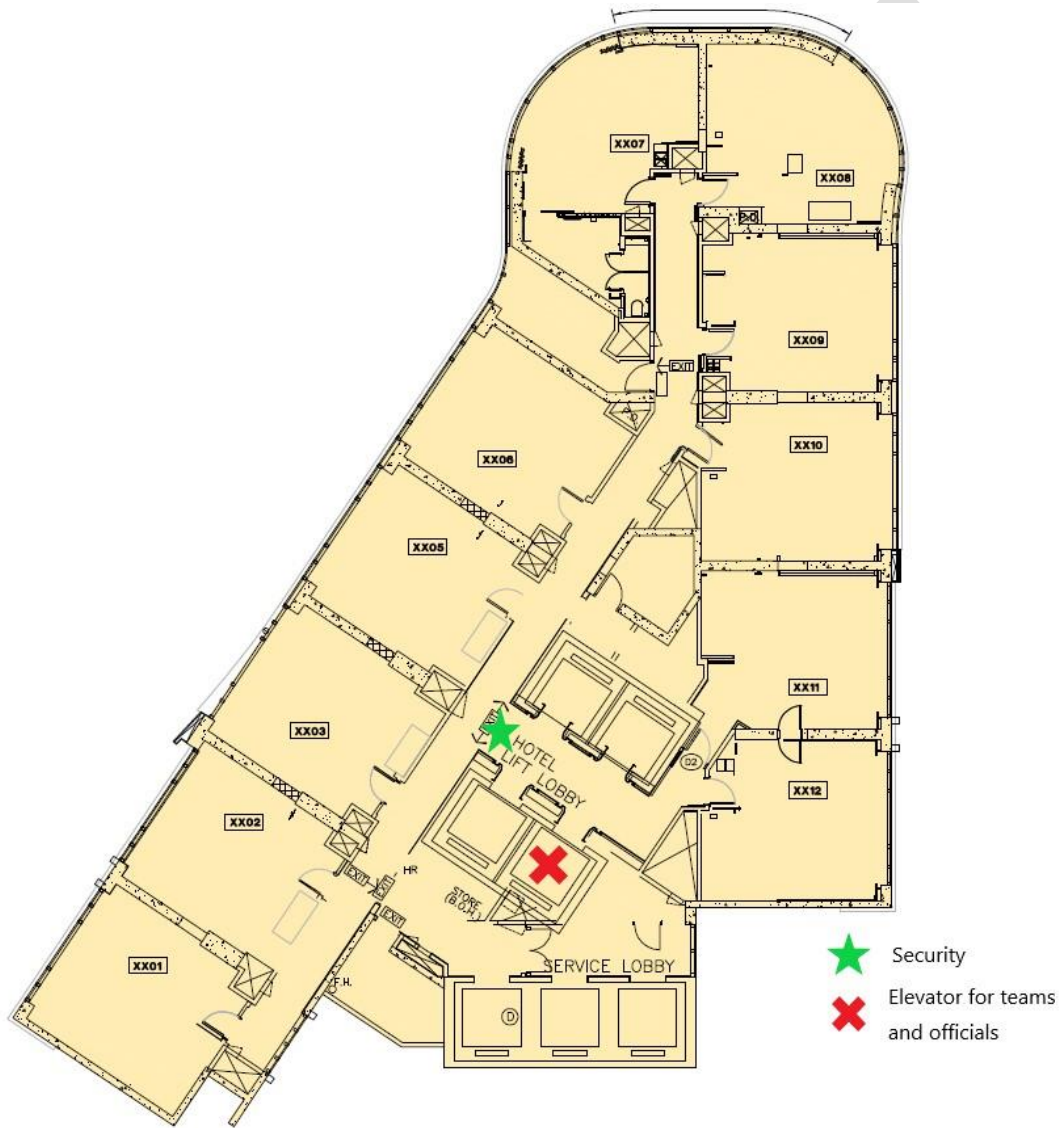
- All check-in procedure will be done by UCI Official Travel Agency – CSE. In order to separate overseas travelling room and other hotel guests, a dedicated room will be provided to CSE in both hotels for team registration and check-in.
- LOC will privatize the entire HIE hotel and reserve a particular zone (Prioritize from high zone) of rooms in CP for the travelling group to separate them from other hotel guests.
- Single occupancy for each individual only. Twin occupancy will not be allowed.
- Based on the Countries Risk Assessment, nations/officials coming from high-risk places will be mandatory allocated at the HIE hotel and those considerably coming from low-risk places to be allocated at the CP.
- LOC will arrange a 24-hr security guard on each floor for access control. One elevator in CP will be reserved for the travelling group to access to hotel lobby, designated floors from the first day to the last day of accommodation. Local staffs will be separated from overseas travelling group and accommodated in different floor.

DRAFT “LIFE BUBBLE” PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

- Travelling group is required to show their own accreditation card issued by LOC for identification before entering the hotel.
 - To minimize risk of virus spreading, no housekeeping service and laundry service will be provided to the overseas travelling group during their stay.
 - Hotel to provide basic provision in each guest room sufficient for the stay of the overseas travelling group:
 - Toothbrush and toothpaste
 - Bar soap or liquid soap
 - Shampoo
 - Shower cap, clean bath and face towels
 - Bottled drinking water (everyday)
 - Toilet paper roll
 - Functional Hair dryer and functional clean kettle
 - Rubbish bag
- ** It is highly recommended that overseas travelling group to prepare own towels and sufficient clothing for their stay.
- Dedicated housekeeping team from hotel (worn with PPE) will properly disinfect all rooms post-event before accommodating any other customers. Hotel to keep the duty record of the dedicated housekeeping team.

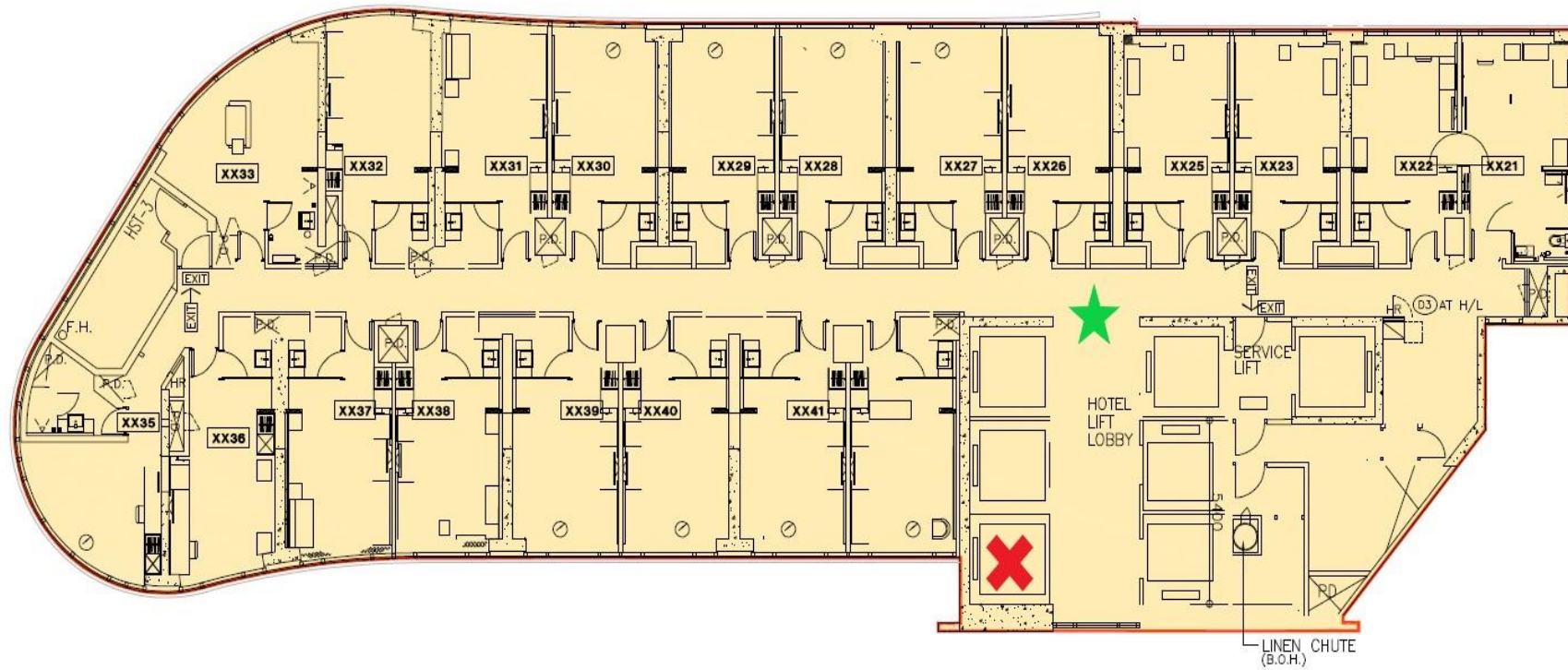
DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 1.1 – Guestroom floor plan of Crowne Plaza Hong Kong Kowloon East



DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 1.2 – Guestroom floor plan of Holiday Inn Express Hong Kong Kowloon East



★ Security

✗ Elevator for teams and officials

b. Meal Arrangement

- In order to avoid mass group gathering and contact with other hotel guests and the public, all overseas travelling group are not allowed to have their meal in hotel restaurant. Only packed food will be provided.
- A dedicated room located at the 2/F of Crowne Plaza Hong Kong Kowloon East will be reserved by LOC for preparation of packed meal.
- Meal menu will be provided all teams and staffs in advance. Team manager is responsible for gathering the quantity of the meal to LOC.
- LOC will assign helpers to prepare the meal according to the information provided by all overseas travelling group. Mask and disposable gloves will be provided for all helpers in order to ensure the food hygiene.
- All meal will be delivered to the dedicated floor and put onto the teapoy or chair outside each individual guest room. All overseas travelling group are required to pick up their meal by themselves and have their meal in their guest room. They should avoid any contact with others or gathering in the public area of each floor.

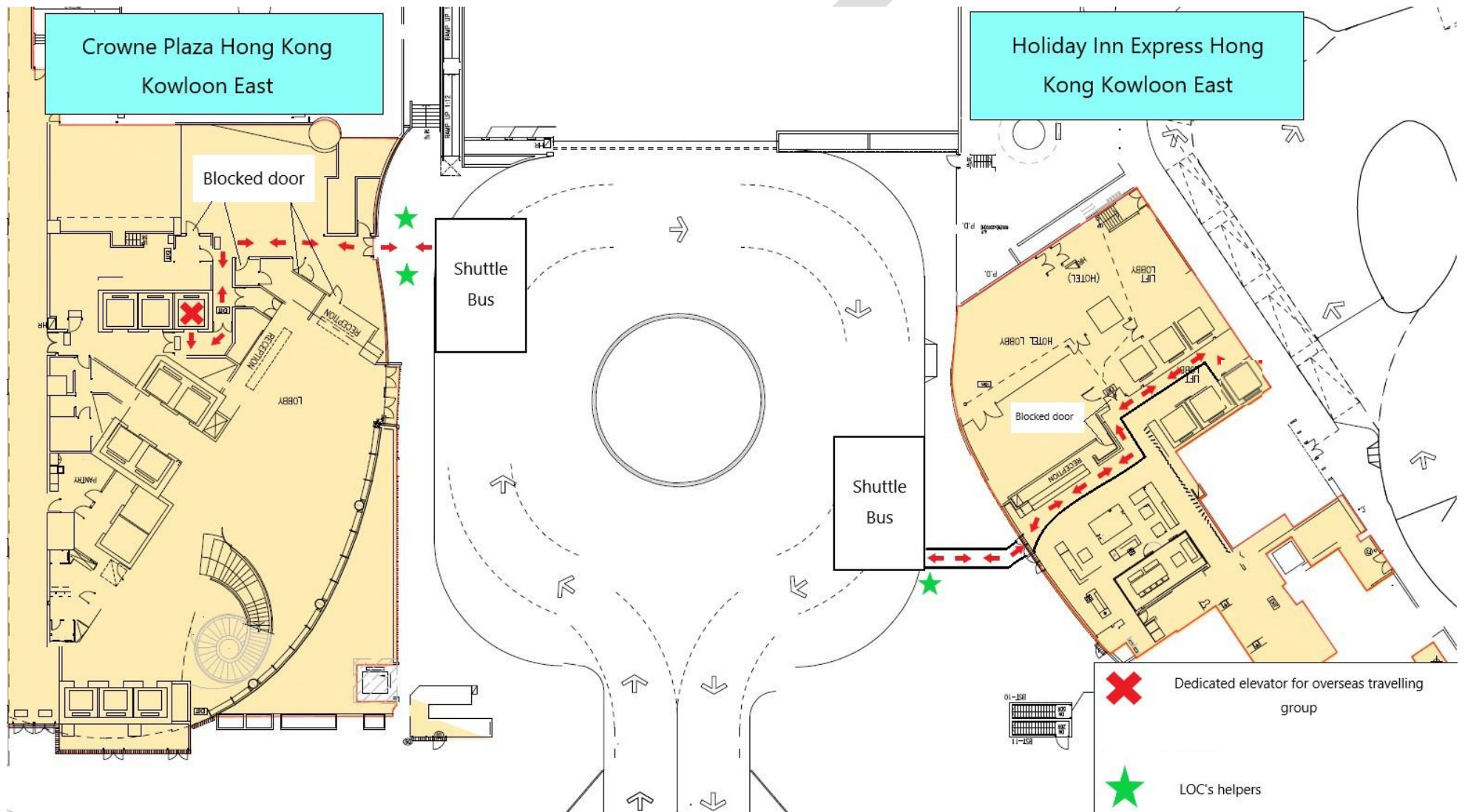
● **ROUTE AND TRANSPORTATION BETWEEN HOTEL AND HONG KONG VELODROME**

- LOC will provide shuttle bus services between official hotels and Hong Kong Velodrome for the travelling group in specific time slots. Two or more shuttle bus will be arranged in every 10 - 15 minutes, one will be parked at CP and another will be parked at HIE for teams and officials. The capacity of each shuttle bus must not exceed 50% of its maximum capacity.
- All passengers are required to wear a mask and seated at minimum distance (1.5 meter) from each other in accordance with Cap. 599I Prevention and Control of Disease (Wearing of Mask) Regulation.
- In order to ensure the social distancing from other hotel guests, one elevator will be reserved for the travelling group to access their floor in CP during the whole period of accommodation. A dedicated route shown in appendix 3.1 will be separated for the travelling group from hotel to car park. All teams and officials are required to show their own accreditation card for identification. LOC will assign helpers at both entrances for access control.
- Shuttle bus will stop at the car park of Tseung Kwan O Sports Ground (TKOSG), all teams, officials and contractors are required to follow a dedicated route shown in Appendix 3.2 to 3.5 walking from the car park of TKOSG to the concourse of HKV. Barriers will be set on the concourse of HKV in order to avoid contact with the public.
- All shuttle buses will be disinfected after each trip.



DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 3.1 – Access route for teams and officials in hotel



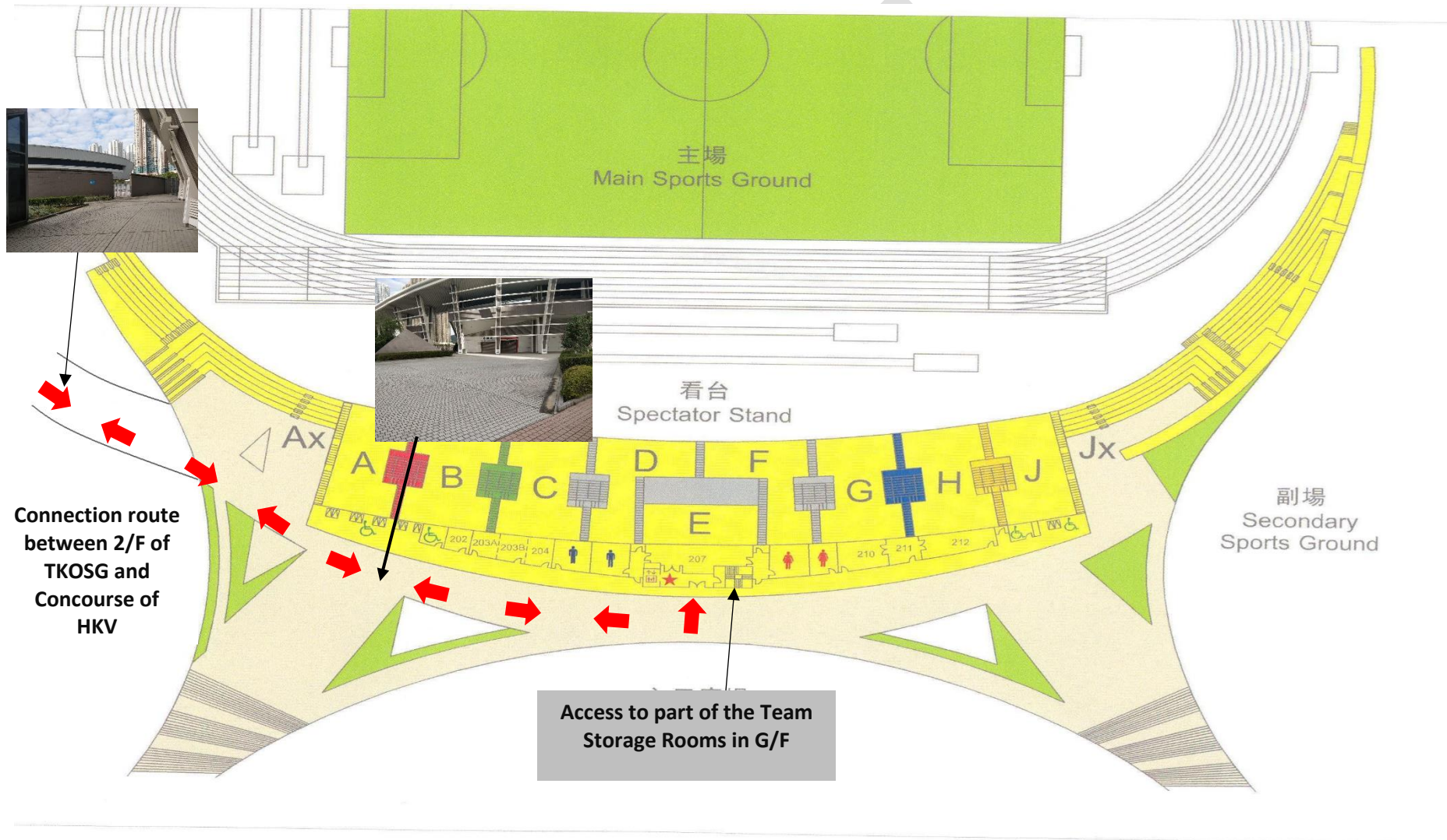
DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 3.2 – Access route from carpark to 2/F of TKOSG



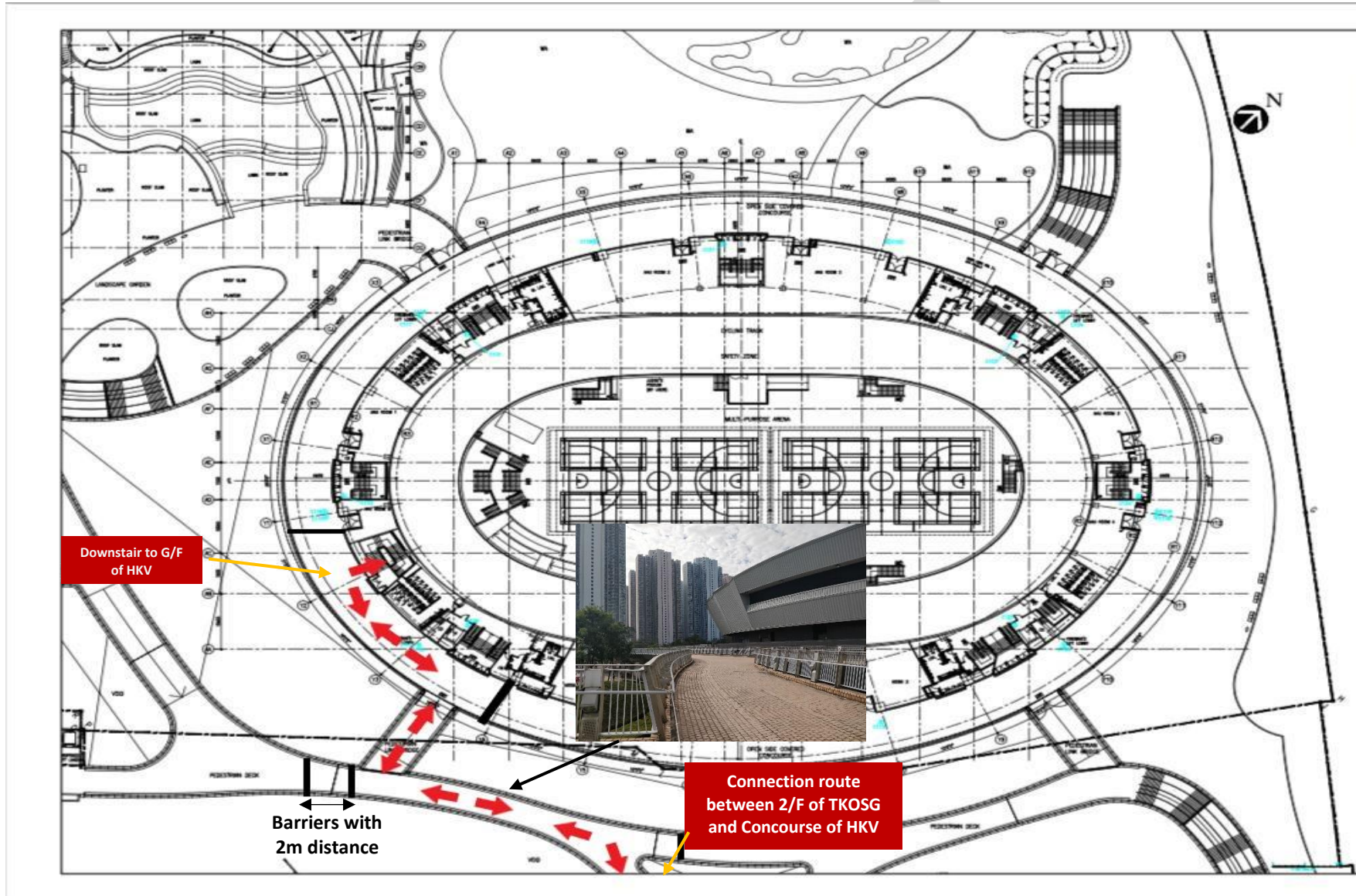
DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 3.3 – Access route from 2/F of TKOSG to Concourse of HKV



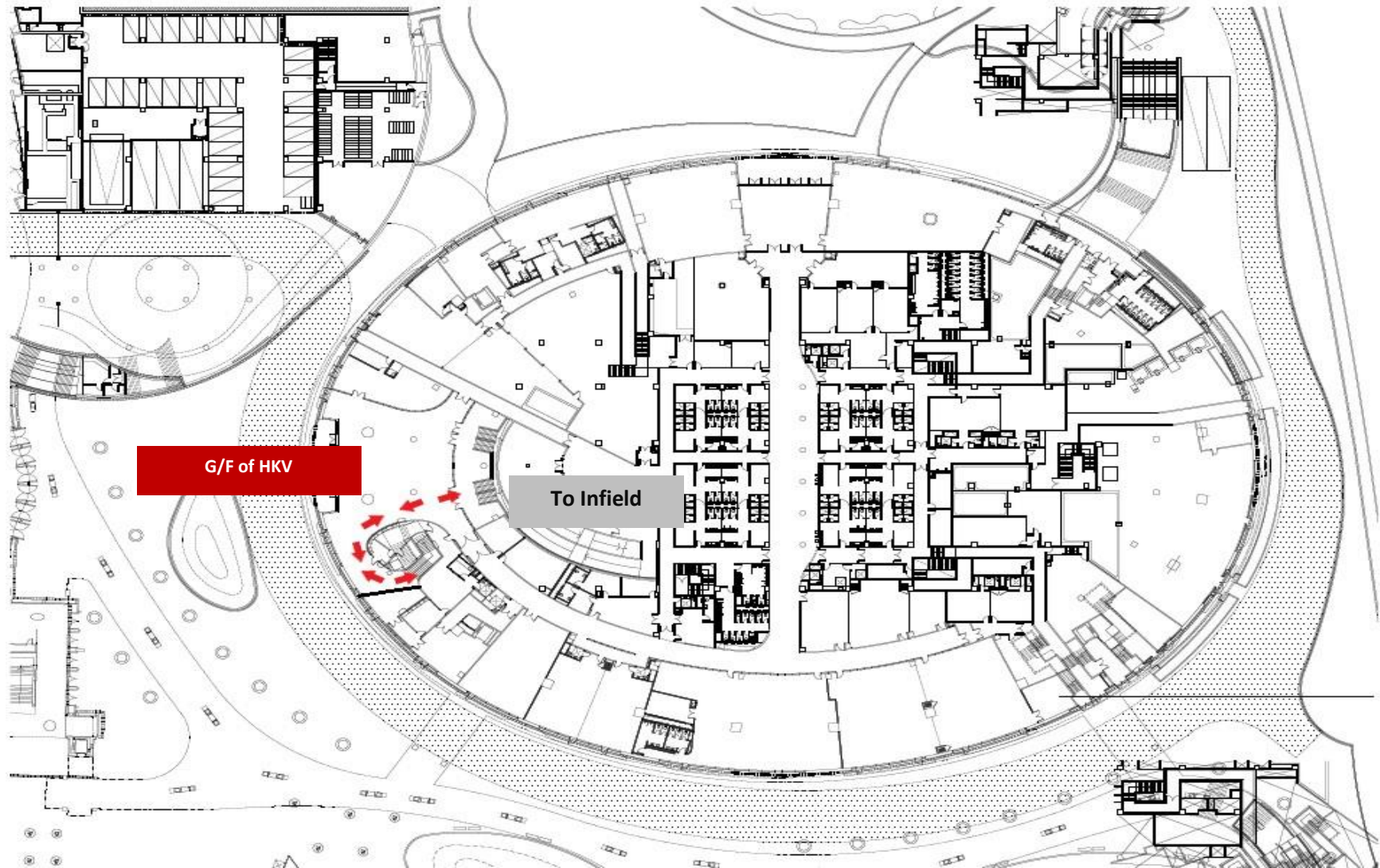
DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 3.4 – Access route from footbridge connecting between TKOSG to Concourse of HKV



DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 3.5 – Access route from Concourse to infield of HKV



● **PRE-EVENT & POST-EVENT PCR TEST**

- Appoint a local COVID-19 nucleic acid testing institution recognized by the Hong Kong SAR Government to take charge of the arrangement of Pre-event PCR Test and Post-event PCR Test. PCR Test type is required to be combined nasal and throat swab (CNTS). The testing institution shall have two separate ISO15189 accredited laboratories to ensure the service standard and continuity.
- Refer to the UCI Protocol for the resumption of Track Cycling events in the context of the coronavirus pandemic, a qualitative test for the detection of SARS- Cov-2 RNA (PCR) will be conducted for all overseas team and working staff no more than 72 hours before the event.
- To further minimize the virus incubation period (known as 72 hours) to the greatest extent, all overseas teams and officials are required to take several PCR Tests on every other day upon their arrival.
- The proposed schedule of test is shown as below:

Timeline	PCR Test	Example	Days after arrival
Arrival	PCR Test in Airport by HKSAR Government	8 th May 2021	Day 1
After hotel check-in procedure	1 st Pre-event PCR Test by LOC	8 th May 2021	Day 1
Before entering Hong Kong Velodrome for training	2 nd Pre-event PCR Test by LOC	10 th May 2021	Day 3
Within 48hrs before race day	3 rd PCR Test by LOC	12 th May 2021	Day 5
7 th day following their arrival	4 th PCR Test by LOC	14 th May 2021	Day 7
Before departure	5 th Post-event PCR Test by LOC	16 th May 2021	Day 9

** Arrival and Departure PCR Test costs to be borne by LOC and 1st to 4th PCR Tests to be borne by teams

1. 1st Pre-event PCR Test

- After completing the hotel check-in procedure, all travelling group is required to stay in their guestroom to wait for undergoing the 1st Pre-event PCR Test.
- Qualified healthcare professionals assigned by ISO15189 accredited COVID-19 nucleic acid testing institution will conduct on-site PCR Test with all travelling group at their guestroom.
- All travelling group is required to stay in their guestroom until the negative result of COVID-19 nucleic acid test is issued.

DRAFT “LIFE BUBBLE” PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

2. 2nd and 3rd Pre-event PCR Test

- Temporary Specimen Collection Centre will be set at the open area of 2/F of Tseung Kwan O Sports Ground. The collection of specimens shall be conducted by qualified healthcare professionals with proven track records in community testing. All teams and officials and contractors are required to take the 2nd Pre-event and 3rd PCR Test before training and race day. They need to follow the dedicated route to access the Temporary Specimen Collection Centre shown in Appendix 4.1 to avoid any contact with the public.
- Test result will be issued and sent to all teams and officials on the same day. All teams and officials are required to quarantine in their hotel room until the result is issued. If a sample tests positive, that individual is not allowed to participate in official training and competition. LOC will contact the Centre for Health Protection (CHP) for the follow-up action. CHP will notify the person concerned as early as possible and arrange for admission to a public hospital for treatment. On receiving notification of confirmed cases of COVID-19, the CHP will conduct epidemiological investigation and contact tracing. Quarantine will be arranged for close contacts while medical surveillance will be arranged for other contacts. (Please refer to “Protocol for close contact persons of patient” in P.33 for more details)

3. 4th PCR Test

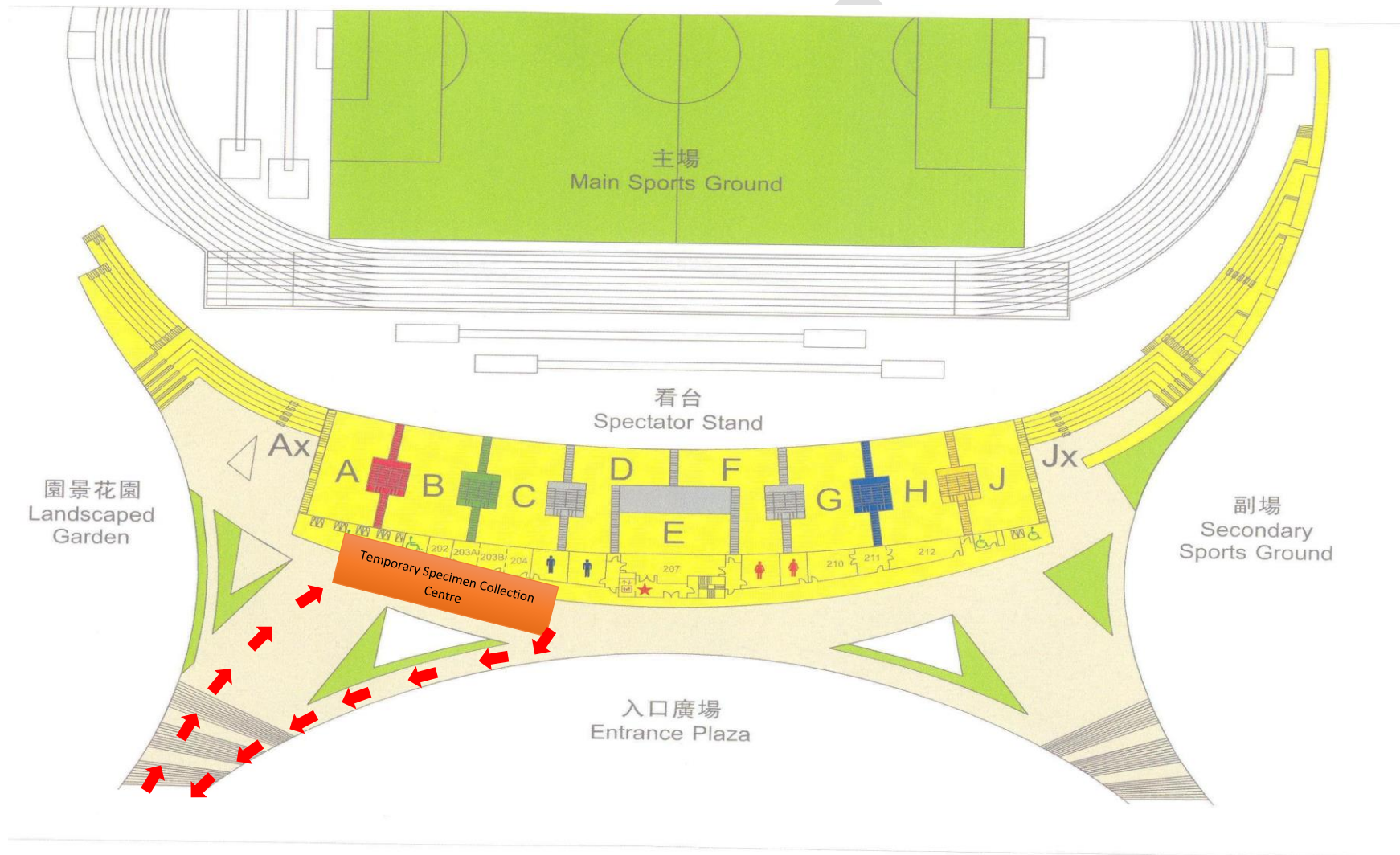
- According to the testing and self-isolation arrangement of government, the travelling group is required to undergo a PCR Test on the 7th day following their arrival in Hong Kong. The test will be conducted at the open area of 2/F of Tseung Kwan O Sports Ground and conducted by qualified healthcare professionals with proven track records in community testing.

4. 5th Post-event PCR Test

- According to the practice of previous UCI Track Cycling World Cup, the travelling group will depart from Hong Kong within 2-3 days after the race. They are required to take the Post-event PCR Test within 72 hours before departure. A medical certificate indicating a result of COVID-19 nucleic acid test issued by nucleic acid testing institution recognized by the Hong Kong SAR Government will be provided to them for departure.

DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 4.1 – Route to Temporary Specimen Collection Centre



● **TEAM’S CONDUCT IN HOTEL & COMPETITION VENUE**

- During Teams’ arrival, LOC will provide information materials about COVID-19 prevention procedures in the welcoming pack to remind them about the following

- Rides / officials / supporting staff are recommended to download and self use of “LeaveHomeSafe” COVID-19 exposure notification mobile app. so as to receive notification if having stayed in the same venue with a confirmed case, and to keep a more precise record of whereabouts to assist in epidemiological investigation if confirmed.

IN HOTEL

1. Wear mask at all the time in public area.
2. Use the dedicated elevator and follow the dedicated route to restaurant or take shuttle bus.
3. Avoid contact with any people who are not in the same “BUBBLE”.
4. Bring their own Accreditation card issued by LOC for identification.
5. Have daily health screening and record the body temperature everyday.
6. Be aware of any suspicion of COVID-19 case, contact the COVID Doctor immediately.
7. Stay in room at all time except travelling to training and competition. Any public area outside the “BUBBLE” is not allowed to visit.

IN COMPETITION VENUE

1. Wearing a mask for teams and officials is compulsory inside the competition venue, except during training, warm-up sessions and races for riders.
2. Prohibit sharing of equipment.
3. Avoid any close contact with others during the event, e.g. hand-shaking, hugs and etc.
4. Only drinking is allowed in competition venue. All teams must have their meal in their own hotel room.
5. Riders are not allowed to take shower in competition venue.
6. Riders are not allowed to use the gym room in the velodrome and hotel.
7. Be aware of any suspicion of COVID-19 case and contact the COVID doctor immediately.

DRAFT “LIFE BUBBLE” PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

CONSEQUENCE

Please be aware that some of the measures described in this bubble plan are under the jurisdiction of HKSAR. In the event of a breach of these measures, there may be consequences imposed upon you, such as being subject to quarantine for 14 days, or to procedures for revocation of your permit of stay in Hong Kong.

2. LOCAL OFFICIALS

- Different types of working staff will be working in competition as below,

Type	No. of pax	Function	Contact with teams and officials
CAHK Staff (LOC)	Around 25 pax	Maintain the operation of whole competition	✓
National Commissaire & Technical Official	Around 40 pax	Maintain the race operation	✓
LCSD venue staff	Around 100 pax	Maintain the operation of venue	✗
Medical staff for doping control	Around 10 pax	Provide assistance to doping control officers	✓
Security and Cleaning staff	Around 30 pax	Provide venue security and cleaning services	✗

Approach for officials and staffs who need to contact with overseas teams

- Follow same life bubble plan specially for with travelling group.
- Accommodate in official hotel until last race day.
- Use the same dedicated routes shown in appendix 3.1 – 3.5 to access the velodrome and hotel.
- Undergo pre-event PCR test before entering to life bubble.

DRAFT “LIFE BUBBLE” PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Approach for officials who don't need to contact with overseas teams

- Keep 1.5 – 2m social distancing with people in the life bubble plan and avoid any physical contact.
- Undergo pre-event PCR test.
- Restrict the accessibility in the Infield and Competition Area.

3. RACE DAY OPERATION

● COVID DOCTOR AND COVID TEAM

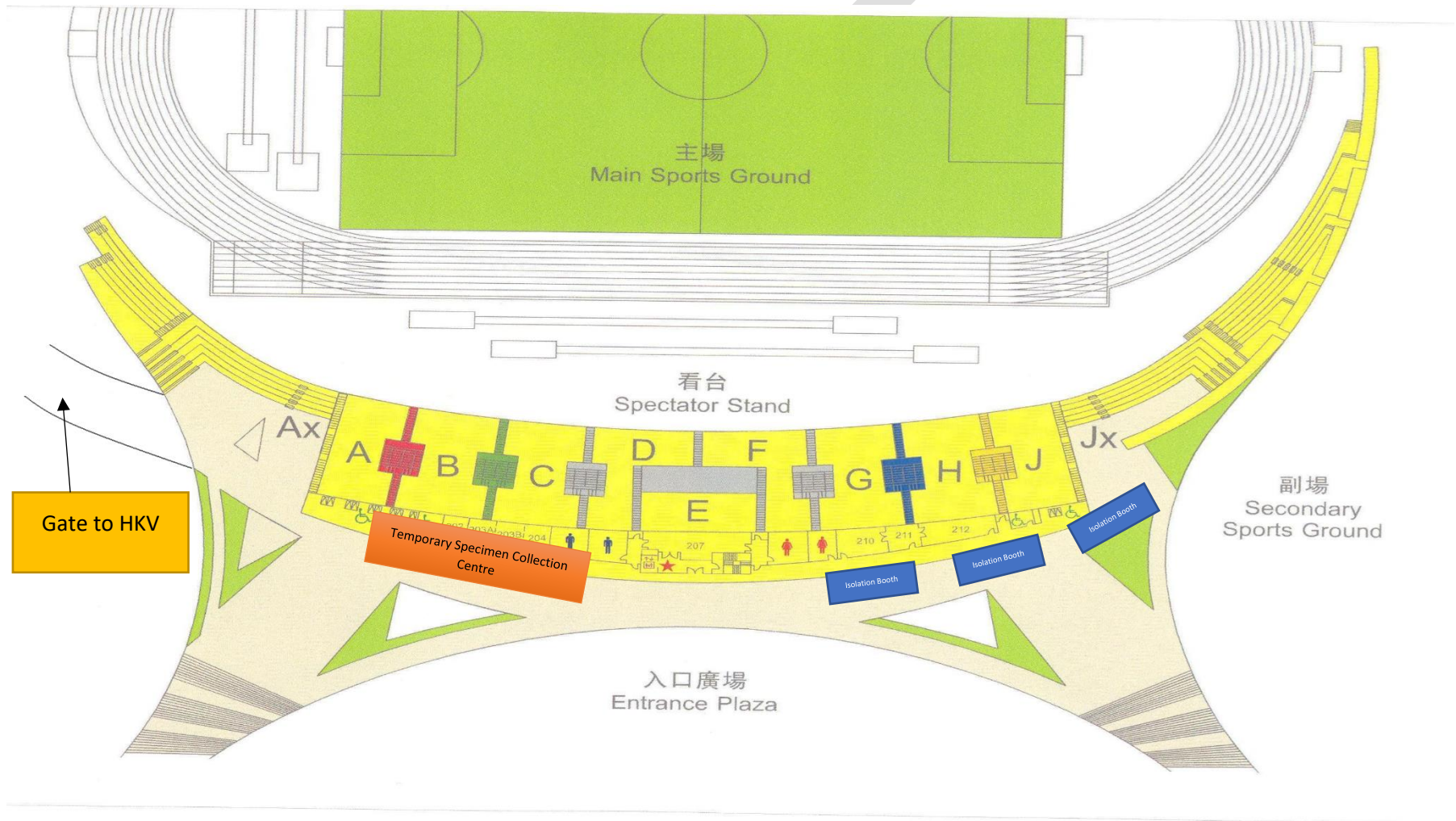
- LOC will appoint 1 - 2 medical doctors (COVID Doctor) who are responsible for managing any suspicion of COVID-19 case.
- COVID Doctor should have operational knowledge regarding COVID-19 and plays an important role in communication with Race Doctor and LOC to determine upon modification, restriction or cancellation of the race.
- COVID Team is a medical team having the operational knowledge regarding COVID-19, they are responsible for contacting the COVID-19 suspected patients, arranging the isolation procedure of the patients and providing assistance to COVID Doctor.
- COVID Doctor and COVID Team are required to wear personal protective equipment provided by LOC when dealing with the suspected COVID-19 case.
- COVID Doctor and COVID Team are needed to stand-by in HKV and TKOSG from the first day of official training to the last race day.
- Isolation booth will be set at the open area of the 2/F of Tseung Kwan O Sports Ground to ensure good ventilation and avoid the spread of virus through central air-conditioning system.

● **ONSITE MEDICAL & FIRST AID SUPPORT**

- LOC will appoint medical event support (Event Medical Team) responsible for managing all medical and emergency supports, and escorting patients or injured persons to the nearby hospital – United Christian Hospital for treatment.
- Event Medical Team is a medical team having onsite medical support with track records in large scale international events or sports competitions.
- Event Medical Team and the private ambulance are needed to stand-by in HKV and TKOSG from the first day of official training to the last race day.
- Event Medical Team is required to wear personal protective equipment while contacting injured riders in order to minimize the risk of infection.
- Onsite medical booth will be set at the open area of Tseung Kwan O Sports Ground to ensure rapid access to the patients or injured persons in need.

DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 5.1 – Location of Isolation Booth



● **COVID-19 REPORTING POLICY**

- LOC will inform the Hospital Authority and nearby hospital – **United Christian Hospital** of the event in advance, to ensure they have the capacity to handle trauma patients during the pandemic.
- Brief all persons involved in the event including teams and working staffs on the protocols for suspicion of COVID-19 case, on infection prevention and control measures and on where to find more information.

Protocol for suspicion of COVID-19 case in competition venue

- a. All persons involved in the event are requested to signal any suspicion of COVID-19 and immediately report to the Event medical services.
- b. The event medical services will inform the COVID team in HKV to manage the follow-up with the suspect patient.
- c. COVID team are required to have mandatory protective equipment (FFP2 mask, gloves, visor, coveralls) when dealing with the COVID-19 suspected patients.
- d. COVID team bring the COVID-19 suspected patients from HKV to the isolation booth at TKOSG following the dedicated route shown in Appendix 6.1 to 6.5.
- e. LOC inform security guards to block the crossover in main corridor to ensure the social distancing.
- f. Settle the COVID-19 suspected patient in isolation booth, only COVID doctor and COVID team with personal protective equipment should contact the patients.
- g. Measure the body temperature of the patients and check for any COVID-19 symptoms
- h. Persons with symptoms should seek medical consultation for testing.
- i. Disinfect the team pen of the patient and the used isolation booth.

Protocol for suspicion of COVID-19 case in official hotel

- a. The suspected patients must contact the hotel front desk and LOC and report on any illness immediately.
- b. Persons with symptoms should seek medical consultation for testing.
- c. The suspected patients are required to stay in the room until medical staff arrive.
- d. Disinfect the related rooms, corridor and the elevator.

Protocol for close contact persons of patient

- The Centre for Health Protection (CHP) will carry out epidemiological investigation and contact tracing for preliminarily positive cases reported by medical practitioners, hospitals or laboratories. All close contact will be sent to quarantine centres for quarantine for 14 days under cap 599A.

- Close contacts in general are defined as those who have stayed or lived with the patient, or had face-to-face contact with a case without wearing a mask. Under certain circumstances, such as at an outbreak situation where two or more confirmed cases are found within the same premises, or within an environment with higher risk (e.g. playing sports, doing exercise or staying in area for an extended period of time), contacts even if wearing a mask could also be considered as close contacts.

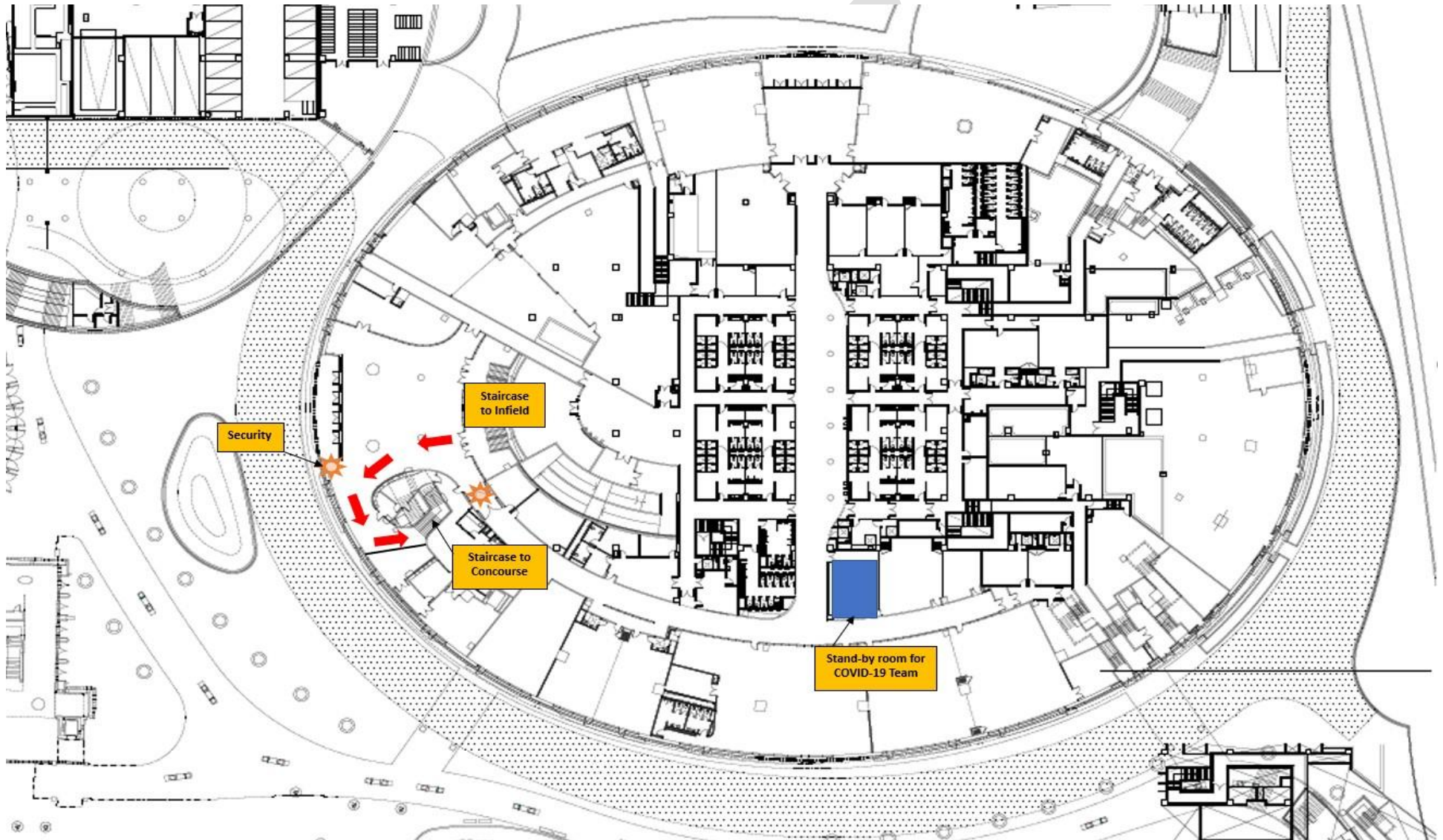
- According to the Interim Guidance of Contact Tracing in the Context of COVID-19 established by WHO, a close contact person is defined as anyone with the following exposures to a COVID-19 case:
 1. Face-to-face contact with a case within 1m distance and for more than 15 minutes
 2. Direct physical contact with patient.
 3. Sharing a room, meal or other space with a confirmed patient.

- LOC or qualified healthcare professionals with PPE equipment should have direct interview with the COVID-19 patient to identify close contact persons, list out all of the riders or officials contacted during the relevant timeframe according to the above definitions of close contact

- All close contact identified by CHP are required to be quarantined in quarantine centres for 14 days under Cap 599A. Collect the information from each contact including:
 1. Contact identification
 2. Demographic information
 3. Type of contact
 4. Daily follow-up signs and symptoms

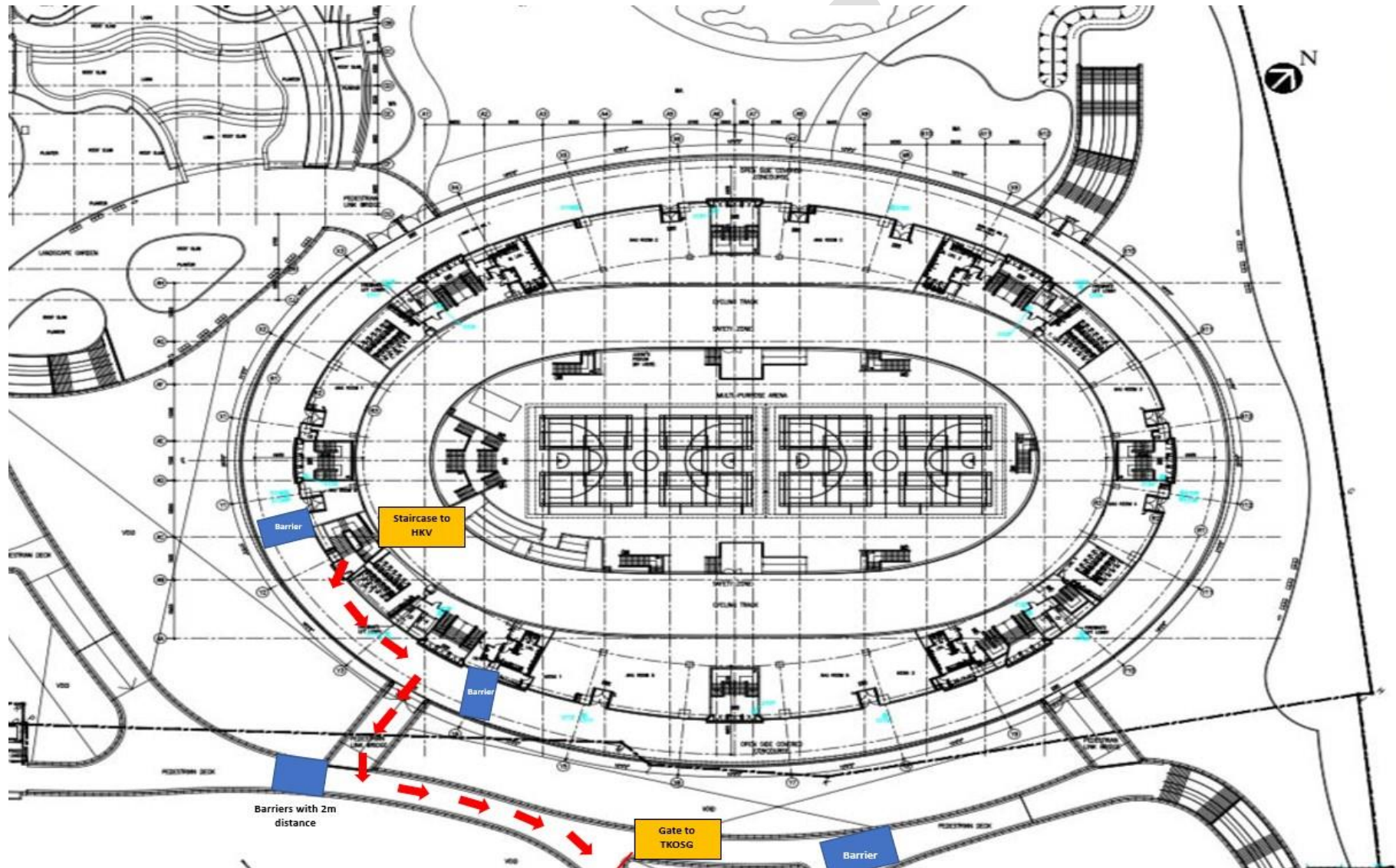
DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 6.1 – Route for suspected COVID-19 case isolation



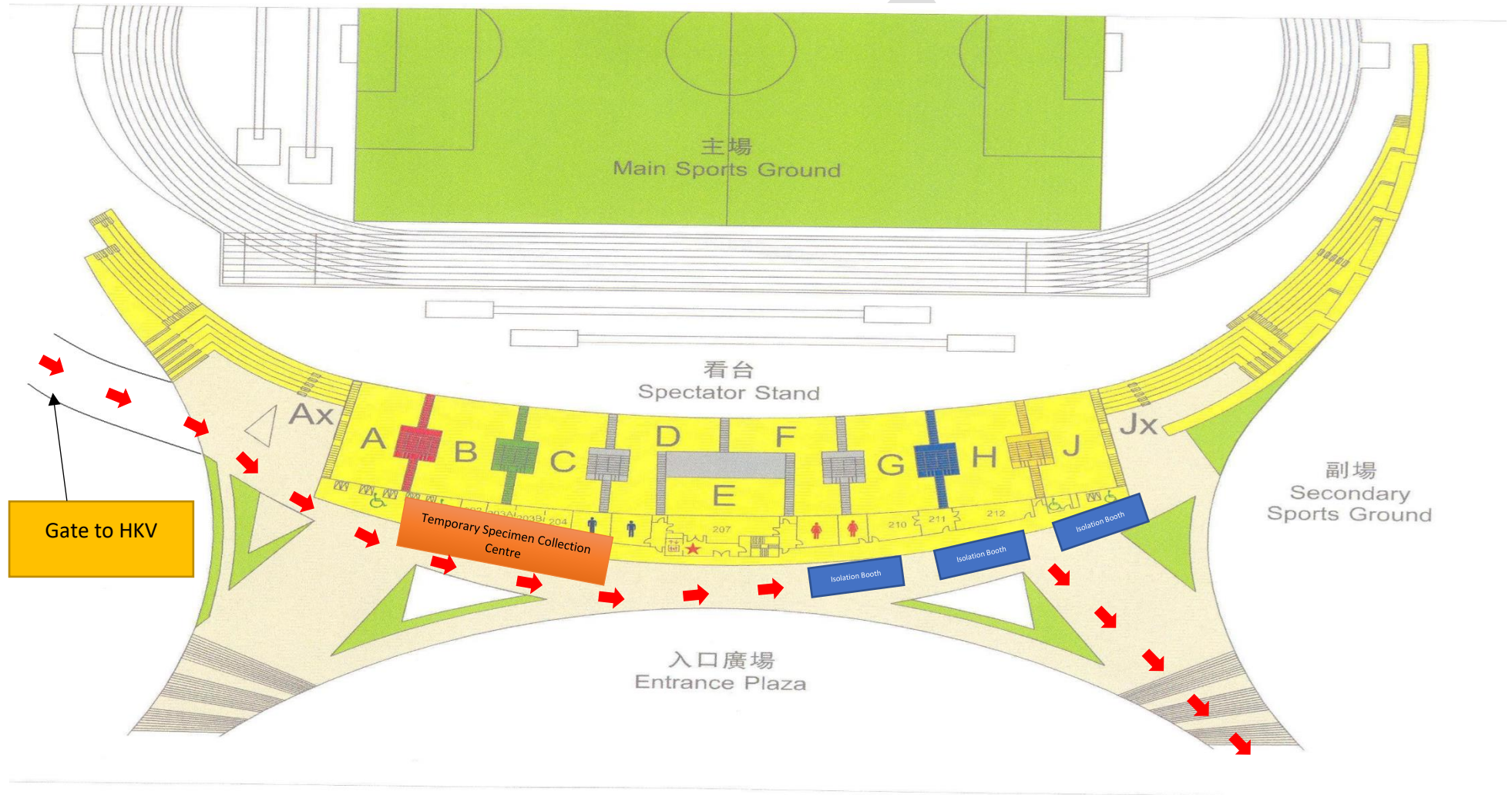
DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 6.2 – Route for suspected COVID-19 case isolation



DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 6.3 – Route for suspected COVID-19 case isolation



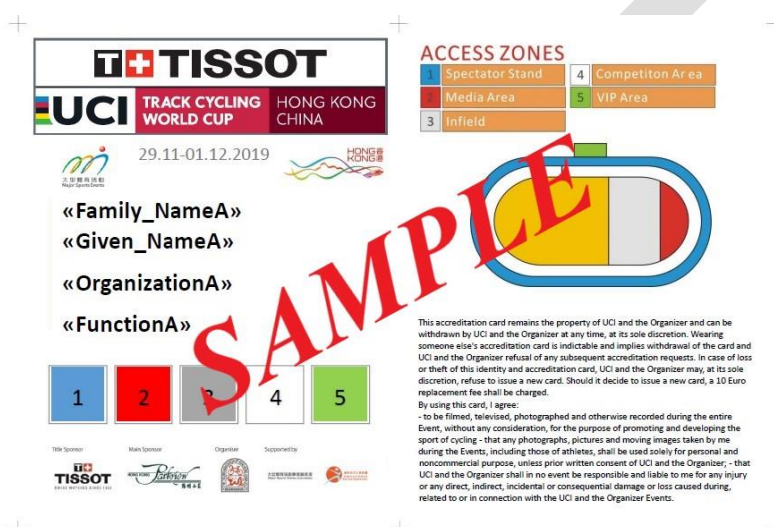
DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 6.4 – Route for suspected COVID-19 case isolation



● ACCREDITATION

- The velodrome is divided into 5 restricted areas as follow,
 1. Spectator stand
 2. Media Area
 3. Infield
 4. Competition Area
 5. VIP Area



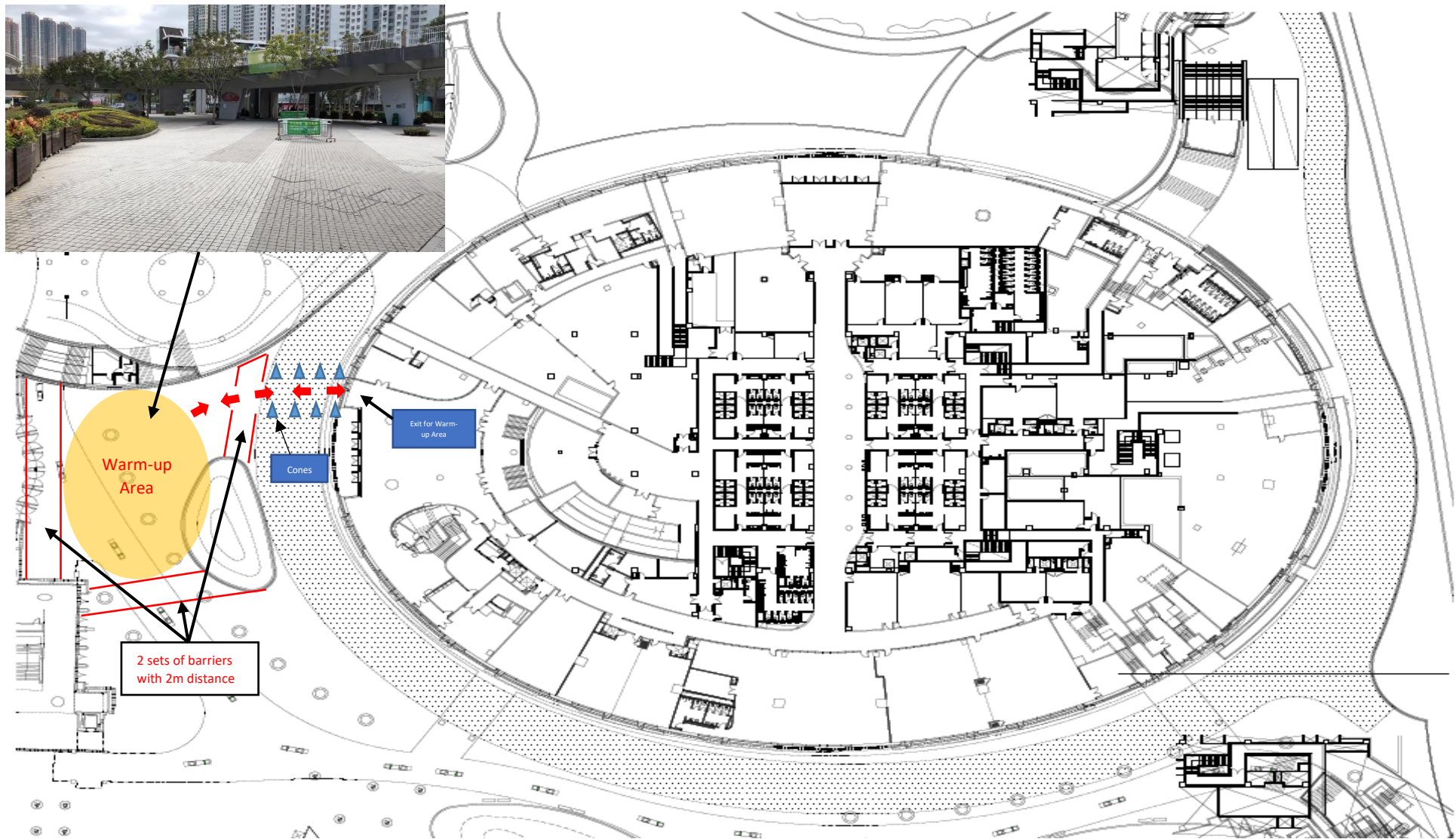
- All individuals are required to show their own accreditation card for identification at their dedicated entrances before entering the velodrome.
- The number of people in infield will be restricted tightly in order to minimize the crowd. Only the following individuals are allowed to access the infield in each session.
 1. Registered riders on the start list of that sessions
 2. Team supporting staffs
 3. International Commissaire, National Commissaire and Technical Officials
 4. Medical Staff
 5. LOC staff
- For any case that accredited persons are not following the established prevention procedures about the COVID-19, their accreditation card will be removed and will be asked to leave the venue immediately.

● **TEAM WARM-UP AREA**

- To fulfill the requirement of UCI and minimize the size of crowd in the infield, an external warm-up and active recovery area will be set outside the main entrance of velodrome as shown in Appendix 7.1 to ensure a large and natural ventilation.
- 2 sets of barriers will be set around the external warm-up area to minimize the contact between teams and the public from the crossover and Po Hong Road as much as possible. Extra signages of warm up area notification will be set up for public awareness.
- Some cones will be set outside the entrance of velodrome to form a passageway connecting the entrance and the external warm-up area for riders. LOC will assign helpers to manage those cones for any emergency vehicle access and divert the public at the crossover point when there are riders.
- All riders are required to keep 1.5m distance with each other during warm-up, ground markings will be placed to ensure the social distancing.
- To minimize the size of crowd in the external warm-up area, all teams are required to submit a list of riders of each session to LOC. The maximum capacity of the external warm-up area should not exceed 100 pax.

DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 7.1 – Location and the access route of warm-up area

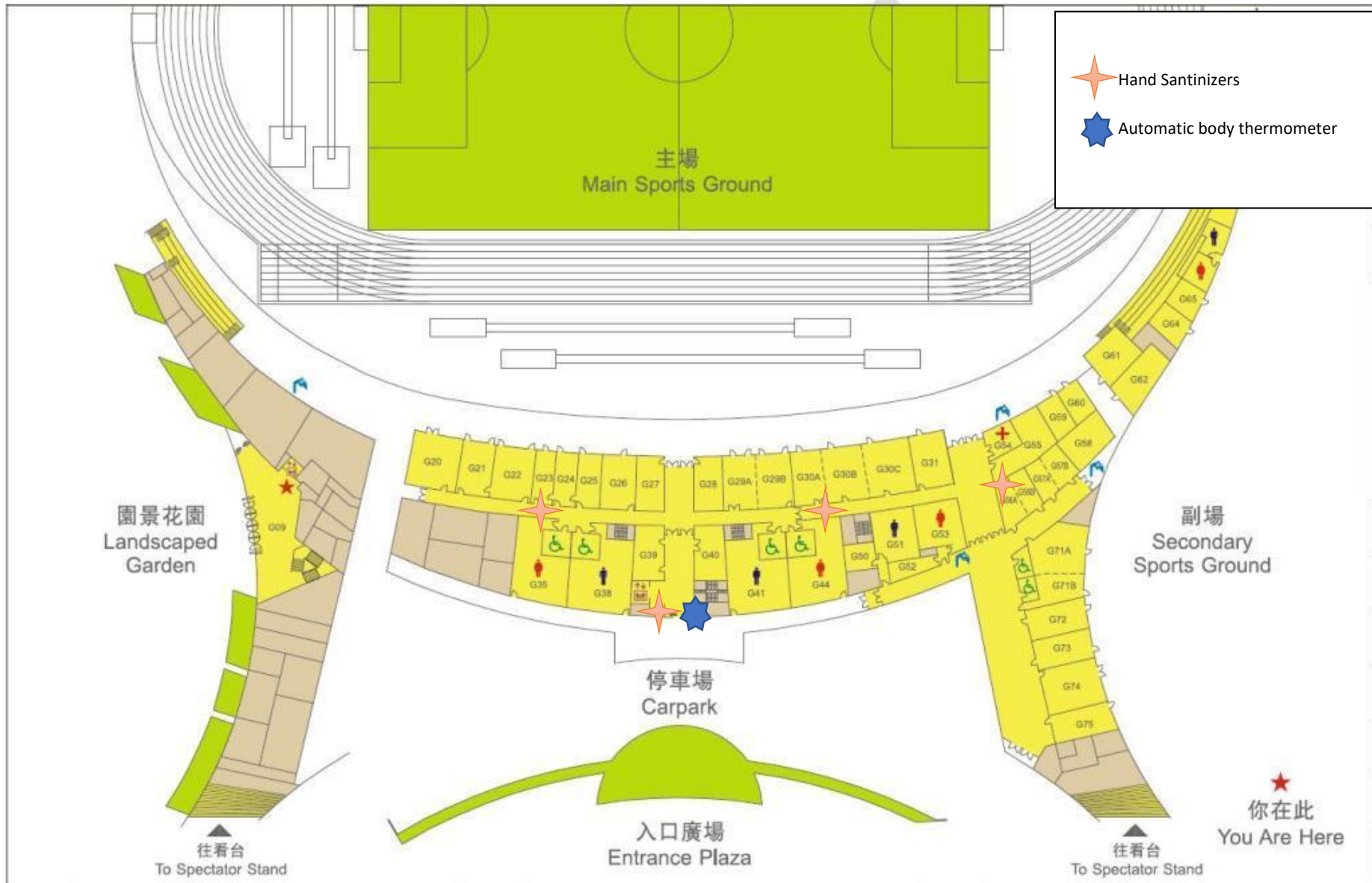


● **VENUE FACILITIES AND MANAGEMENT**

- Provide Alcohol-based Hand Sanitizers and Disinfectant Wipes at all the main entrance and corridor as shown in Appendix 8.1 to 8.5.
- Provide automatic body thermometer to measure the body temperature of each person enter HKV at Team Entrance, VIP Entrance, Media Centre Entrance and Spectator Entrance. Arrange manpower to monitor the process and person with body temperature of higher than 38°C is not allowed to access HKV.
- Provide masks and disposable gloves to all working staff.
- Provide closed bin for safe disposal of hygienic materials (e.g. tissues, towels, sanitary product) in all teams rooms, Infield and main corridor.
- Arrange venue cleaning staff to disinfect all frequently touched surfaces, commonly shared items such as door handles, toilet handles, elevator button etc. every 2 hours.
- Disinfect the infield, spectator stand, VIP Area and all common room before and after each race session.
- Display health advisories in all venue facilities and access routes to remind everyone to maintain high level of personal hygiene such as advice on hand washing, minimize physical contact and wearing mask.
- Plexiglass partitions will be set at the barriers of team pens to enhance protection and to minimize spread of virus to riders and officials among team pens.
- Encourage people outside the "BUBBLE" to use "LeaveHomeSafe" COVID-19 exposure notification mobile app while entering velodrome. The "LeaveHomeSafe" QR codes will be displayed at all entrances. People are required to register their personal contact information if they don't have the "LeaveHomeSafe" mobile app.

DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 8.1 – Location of Hand Sanitizers and Body Thermometer (TKOSG)



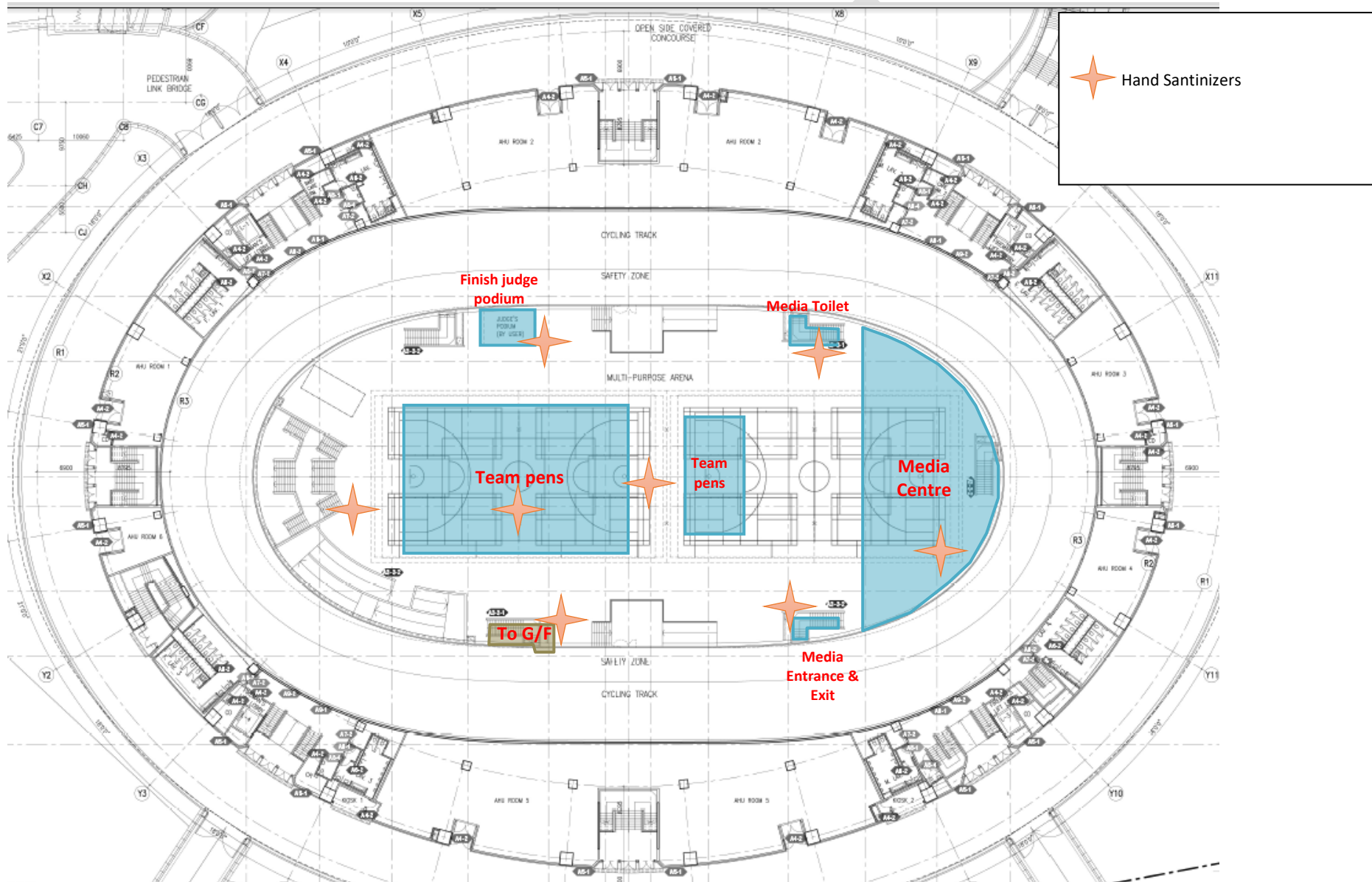
DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 8.2 – Location of Hand Sanitizers and Body Thermometer (HKV G/F)



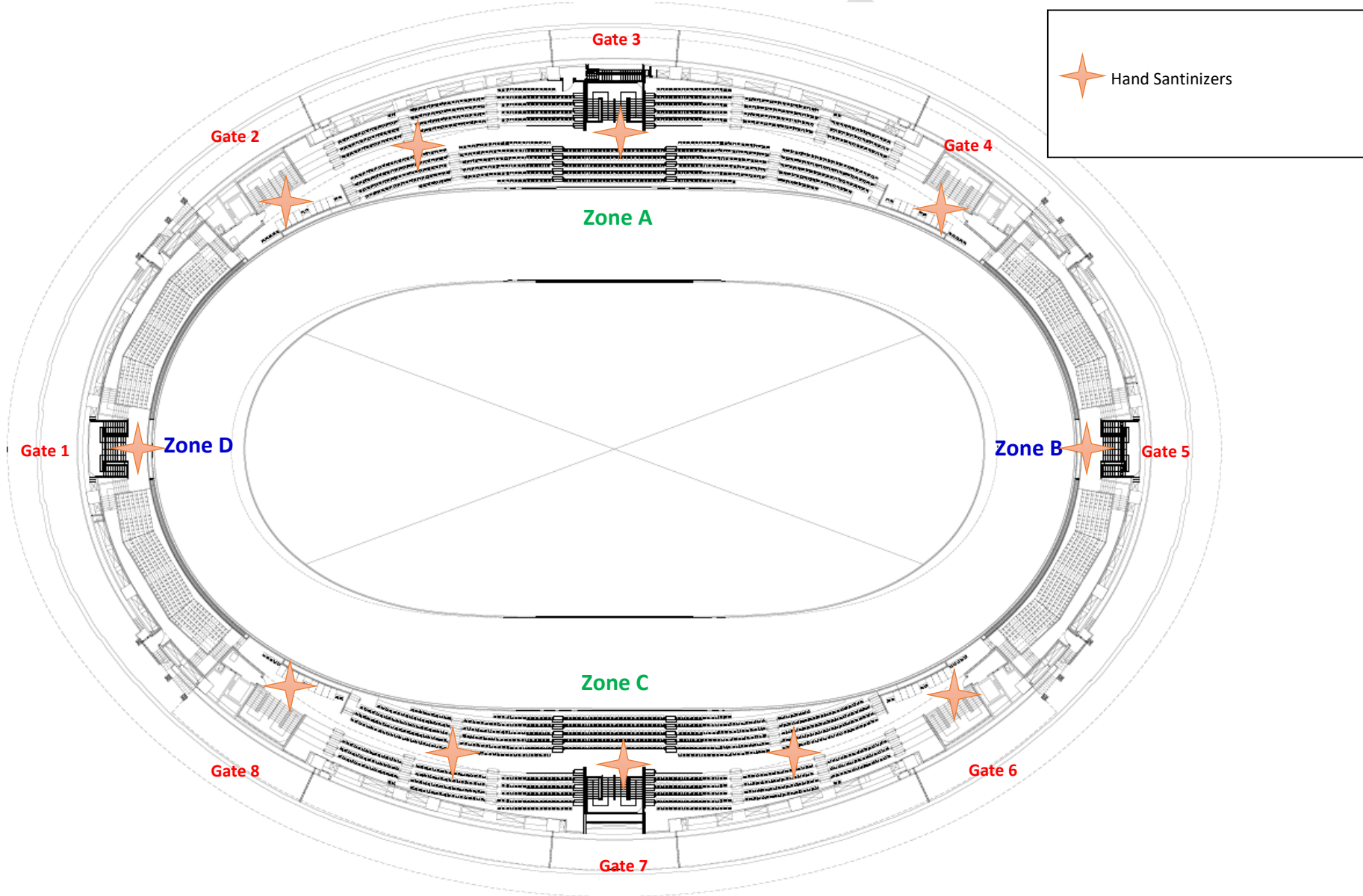
DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 8.3 – Location of Hand Sanitizers (Infield)



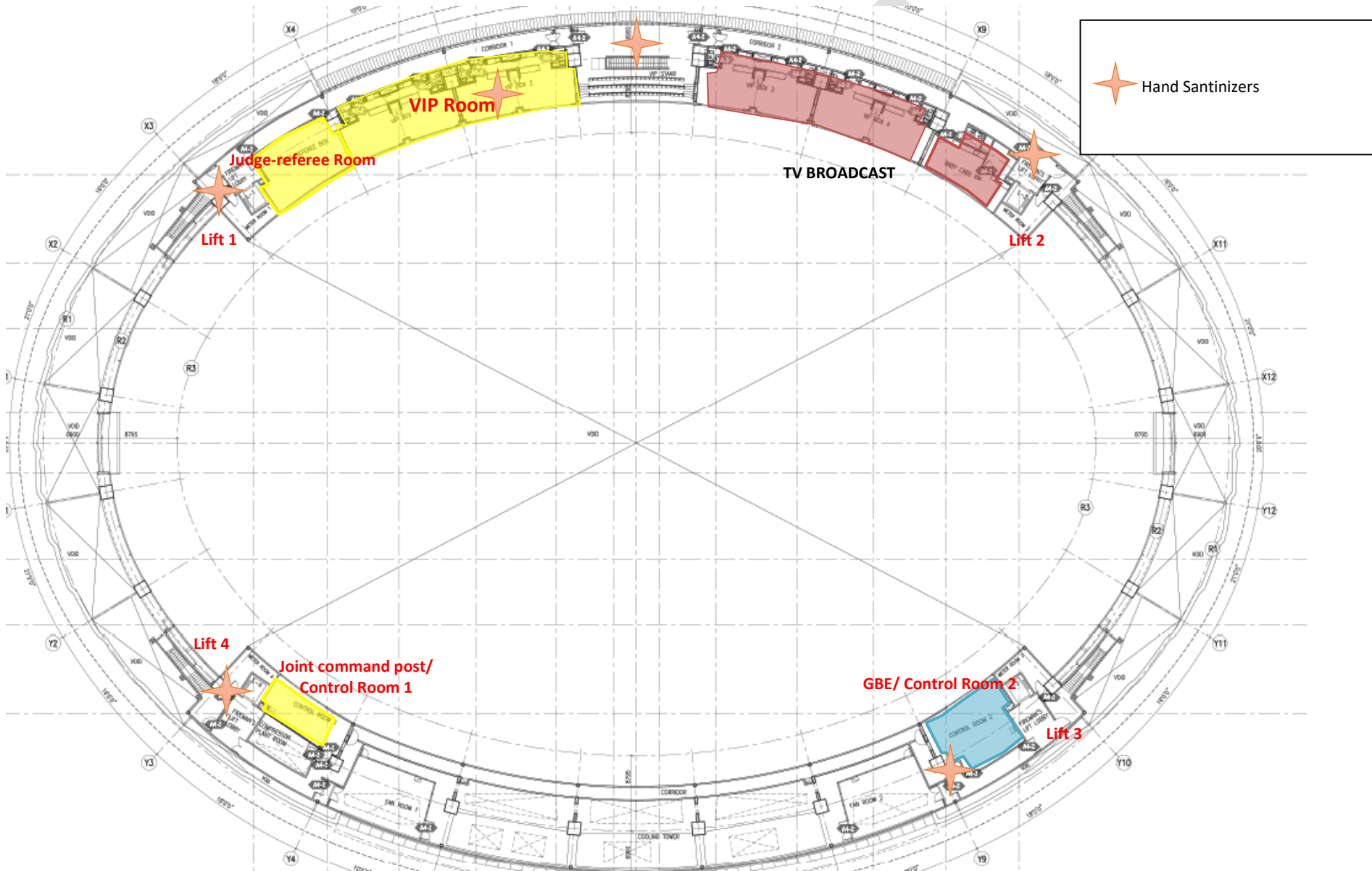
DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 8.4 – Location of Hand Sanitizers (Spectator Stand)



DRAFT “LIFE BUBBLE” PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 8.5 – Location of Hand Sanitizers (HKV 2/F)

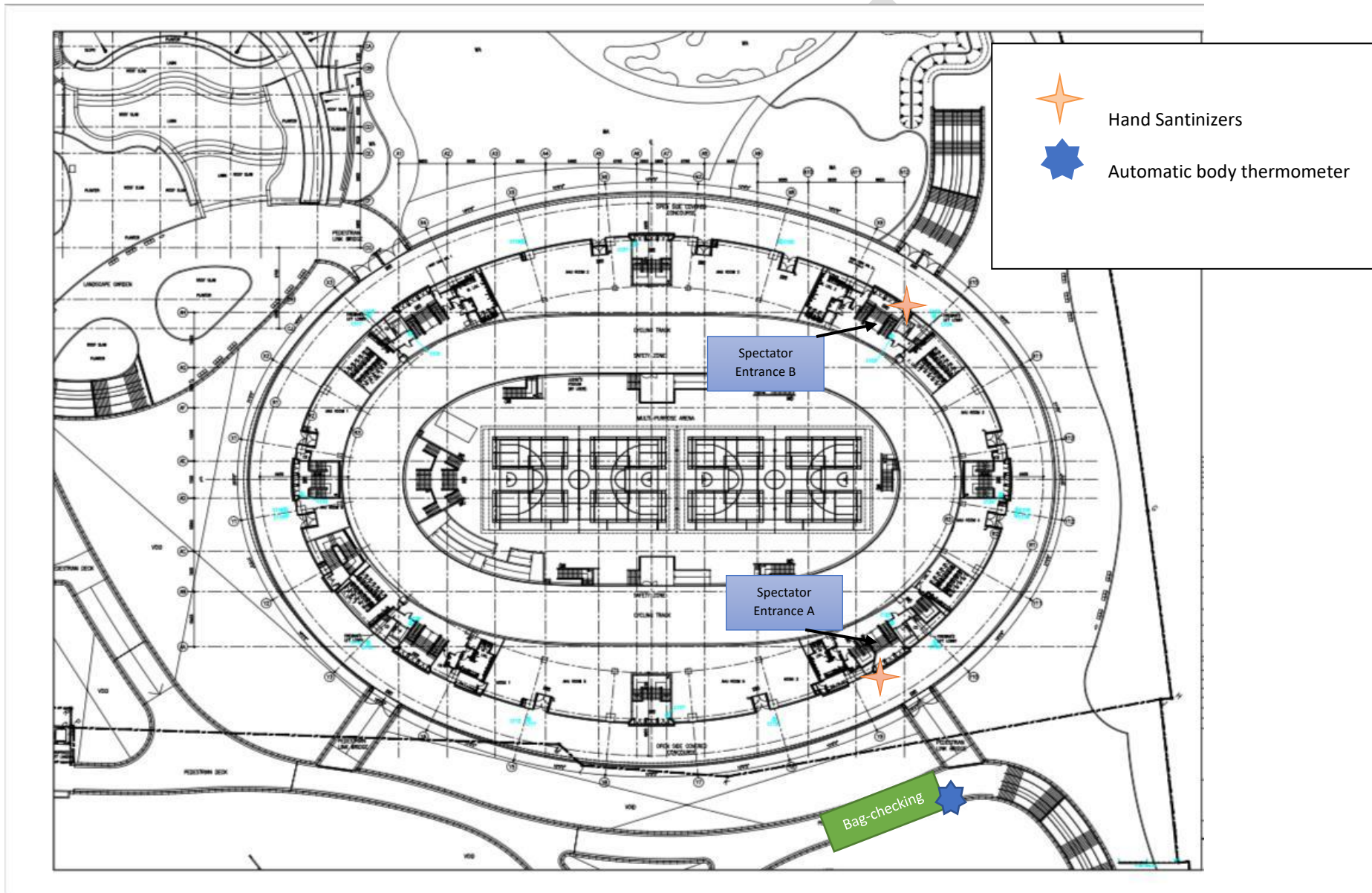


● ***SPECTATOR ARRANGEMENT (SOCIAL DISTANCING)***

- According to the Cap. 599I Prevention and Control of Disease (Wearing of Mask) Regulation, wearing a mask is compulsory inside the velodrome in all circumstances. Spectator without wearing of mask is not allowed to enter the velodrome.
- Spectator Entrance will be set at the Gate 6 of HKV as shown in Appendix 9.1. Spectator are required to keep 1.5m distance with each other when queuing. Area outside all spectator toilets and bag-checking are placed with ground marking.
- Limit the number of spectators in each session to not exceed 50% of the maximum capacity of the velodrome. Social distancing will be respected in spectator stand, only 50% capacity at each row and 1 seat will be blocked for every 4 consecutive seats on same row. The arrangement of the maximum seating capacity depends on the latest arrangement of the government policy. The event will be held as close-door event if the government does not allow mass participation activities.
- Spectators are not allowed to stop or have gathering in narrow sections of the corridors or public area. Arrange helpers to remind those spectators back to their seat in order to minimize the crowd.
- Eating and drinking is inhibited inside the velodrome in all circumstances.
- Photographers are only allowed to take photo in designated area. The size of crowd will be referred to the Cap 599G. Prevention and Control of Disease (Prohibition on Group Gathering) Regulation at that time.

DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 9.1 – Location of Spectator Entrance

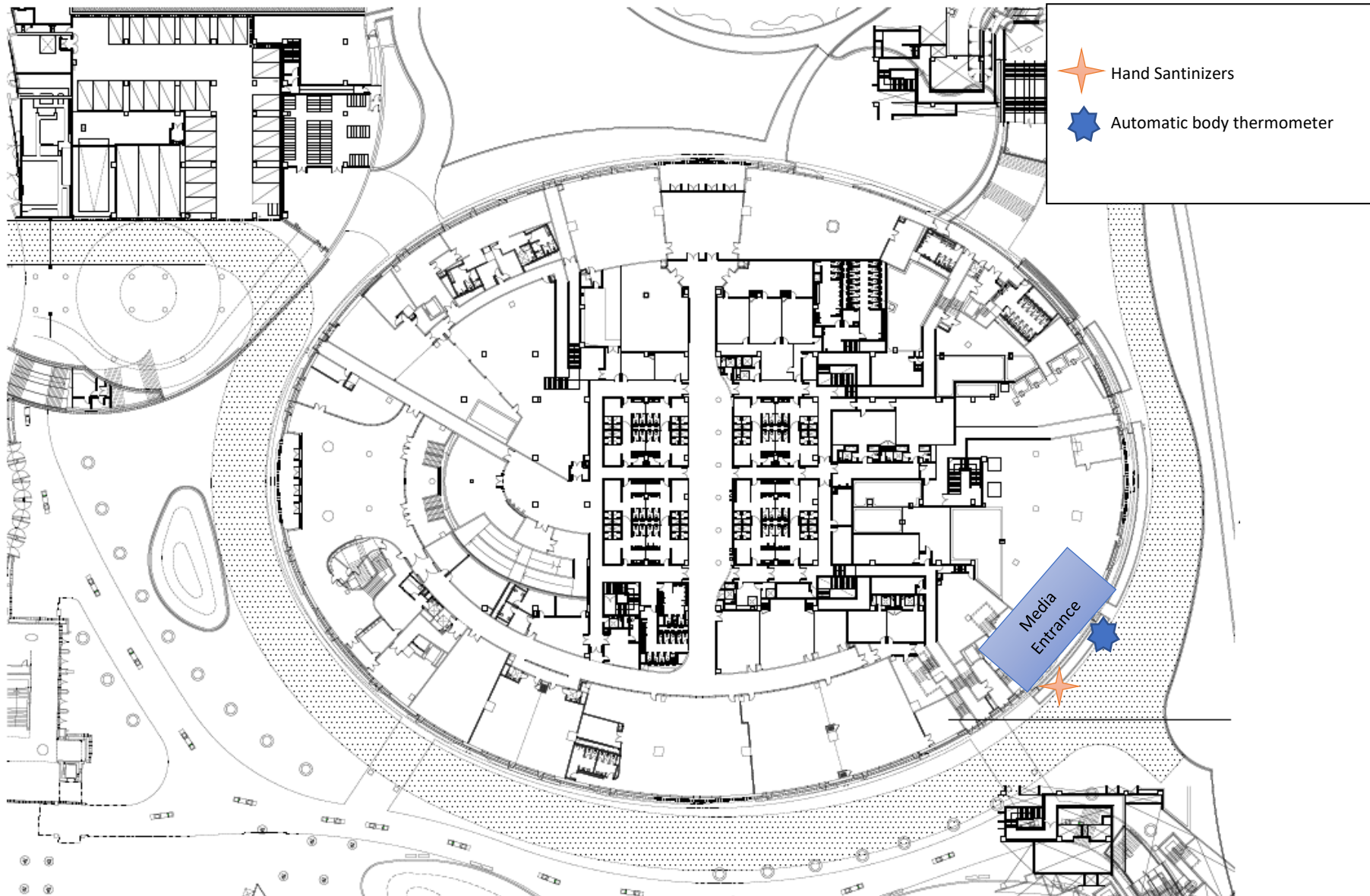


● ***MEDIA ARRANGEMENT (SOCIAL DISTANCING)***

- In previous UCI Track Cycling World Cup, there were around 100 – 120 pax of media representatives registration. LOC will limit the number of accredited media representatives to not exceed 50% of the number of media in previous UCI Track Cycling World Cup in order to minimize the crowd in the Media Centre.
- Social distancing will be respected in the Media Centre, at least 1.5 distance between each seat and each row of seat. Plexiglass partition (approx. 50cm high) will be set between each working place for maintaining social distancing. Plexiglass partition (approx. 180cm high) will be setup between media area and ceremony area.
- Media Entrance will be separated from team entrance and spectator entrance as shown in appendix 10.1. All media representatives are required to wear mask and measure their body temperature before access the velodrome. Media representatives without wearing of mask are not allowed to enter the velodrome.
- All media representatives are inhibited to access the infield and contact with riders. They are only allowed to work within the Media Centre.
- Online video interview will replace face-to-face interview in the flash interview area to avoid contact between media representatives and riders.
- LOC arrange official photography and videography to take photos and videos. These videos and photos will be distributed to all media. These arrangements could assist LOC to maintain social distancing among reporters at interview area and award presentation area.

DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

- Appendix 10.1 – Location of Media Entrance

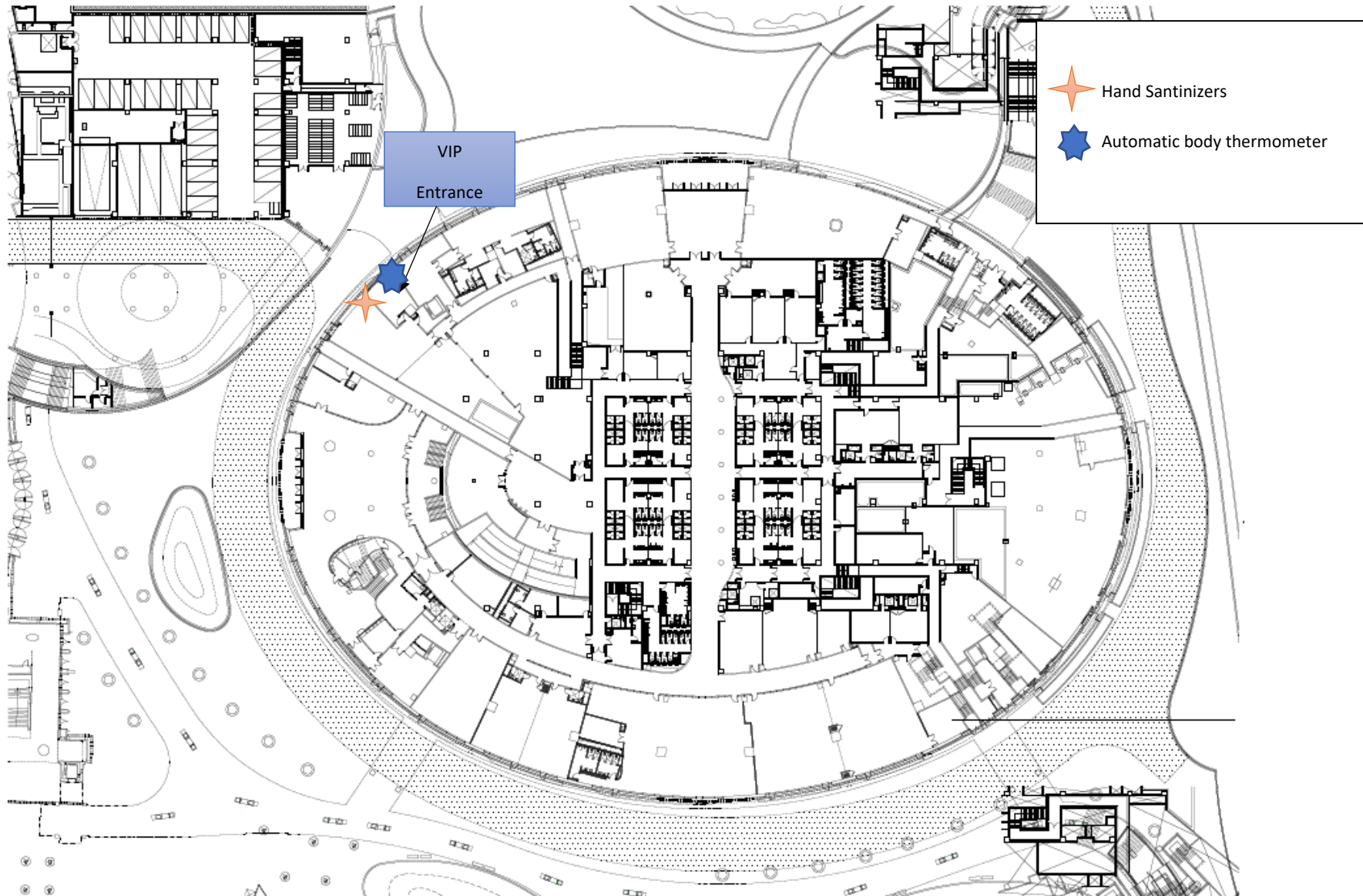


● ***VIP / GUEST ARRANGEMENT (SOCIAL DISTANCING)***

- VIP Entrance will be separated from team entrance and spectator entrance as shown in appendix 11.1. All guests are required to wear mask and measure their body temperature before access the velodrome. Guests without wearing of mask are not allowed to enter the velodrome.
- All guests are required to wear a mask in the velodrome in all circumstances.
- Limit the number of guests in each session to minimize the crowd in VIP room and VIP spectator stand.
- In VIP spectator stand, only 50% capacity at each row and 1 seat will be blocked for every 4 consecutive seats on same row. The arrangement of the maximum seating capacity depends on the latest arrangement of the government policy.
- No catering service in VIP room. Only packaged drinks and bottled water will be served to all guests. Drinking is only allowed in the VIP room and all guests are required to comply with the Cap. 599G Prevention and Control of Disease (Prohibition on Group Gathering) Regulation in all circumstances. No eating and drinking are allowed at VIP spectator stands
- Arrange cleaning services to disinfect all VIP rooms and VIP spectator stands after each session.
- All guests are restricted to access the infield in order to avoid contact with teams except the ceremony presenter of each session.

DRAFT "LIFE BUBBLE" PLAN IS PENDING THE FINAL APPROVAL FROM THE LOCAL AUTHORITY

Appendix 11.1 – Location of VIP Entranc



● ***DOPING CONTROL***

a. ITA Doping Control Officer

- ITA Doping Control Officer will have high infection risk as they have close contact with riders.
- They are required to complete a self assessment (ITA document: ITA-034f_rev0 – [ENG] SCP self-assessment form) each day for the 5 days prior to the first planned control.
- They are required to take Pre-event PCR Test 3 days before the first AD control and the result must be negative.

b. Chaperons

- Chaperons are responsible for notify and lead the rider who need to undergo sample collection to the Doping Control Station.
- They are in a group of person at risk as well as ITA Doping Control Officer.
- They are required to complete self-assessment form in each race day.
- They are required to take Pre-event PCR Test within 48 hours before the race day.
- During the notification process, all chaperons must keep 1.5m distance and notify the riders orally only.

c. Doping Control Station

- Social distancing with at least 1.5m will be respected at the waiting area. LOC will provide a waiting room in case there are many riders waiting for the doping control.
- Providing disposable gloves for sample collection personnel to wear throughout the sample collection process.
- LOC will provide the following to reduce the risk of infection,
 1. Disposable face masks for all supporting personnel in the Doping Control Station and the rider. They are required to wear a mask during the sample collection process.
 2. Disposable gloves for sample collection personnel to wear throughout the sample collection process.
 3. Alcohol-based hand sanitizer and disinfecting wipes.
 4. Closed waste bin for safe disposal or storing of all hygienic materials such as used masks and gloves.

● **DOPING CONTROL (CON'T)**

5. Disposable table cloth
- LOC will arrange cleaning service to disinfect the Doping Control Station daily before use.

d. Sample Collection Process

- Before every sample collection, the area and the materials to be used must be cleaned using disinfectant wipes.
- Sample collection personnel is required to sanitize hands, put on new gloves and wear a mask for each rider.
- Rider are required to wear a mask as well.
- Social distancing with 1.5m distance should be respected as much as possible.
- All riders are recommended to present themselves at the Doping Control Station and during the sample collection process alone.
- Working surfaces and used materials must be cleaned and disinfected.
- Sample collection personnel must ensure all discarded items or wastes are disposed of in the appropriate bins for medical waste disposal.
- Sample collection personnel are required to guide the rider through the proper gloves techniques and ask them to place in their garbage bags.
- All riders must clean their hands before leaving.

● **AWARD CEREMONY**

- Create 1.5m social distance in the ceremony waiting boxes in which riders and presenters can wait their turn for presentation.
- Use team podium boxes instead of individual podium boxes. All awardees are required to keep 1.5m distance from each other on the podium boxes.
- For the team events, only a team representative will be invited to the award ceremony to represent the whole team.
- All persons involved in the award ceremony, including awardees, helpers and media representatives are required to wear a mask during the award ceremony.
- Awardees are required to collect their medals from the medal carrier by themselves. No flowers and champagne are allowed.
- Awardees must avoid any physical contact such as hand shaking or hugs with each other.
- Ceremony helpers are required to wear disposable gloves, disinfect the medal carrier after use.
- Only official photographer is allowed to access the area of award ceremony. They must keep 1.5m distance with each other and awardees, markings will be placed on the floor.

● **CLEANING PROGRAM**

- LOC will provide deep cleaning and disinfection services in the following highly used and densely populated area during race days,

Hong Kong Velodrome

1. Infield (including media centre)
2. VIP Room and VIP spectator stand
3. Spectator stand
4. All rooms for team storage
5. Doping Control Station
6. Main corridor

Tseung Kwan O Sports Ground

1. All rooms for team storage
2. Area of Isolation and Temporary Specimen Collection Centre

Official Hotel

1. All reserved room for overseas teams and officials
 2. Corridor of reserved floors
 3. Reserved elevator
 4. Reserved restaurant
- All used face masks, disposable gloves, PPE must be double bagged, tied and discarded into designated waste disposal area.