ATHLETE QUESTIONNAIRE

BMX Identification / Training Camp

Aigle (Switzerland)

28th October – 3rd November 2019

**Personal**

|  |  |
| --- | --- |
| Surname (as mentioned in the passport):       | First Name(s):       |
|  |  |  |  |
| Gender: [ ]  Female [ ]  Male | Nationality:       |
|  |  |  |  |  |  |
| Date of Birth:       | Place of Birth:       |
|  |  |  |  |
| Languages Spoken:       |

**Home Address**

|  |  |
| --- | --- |
| Street:       | Province:       |
|  |  |  |  |
| Postcode:       | Country:       |
|  |  |  |  |
| City:       |  |  |

**Phone Numbers**

|  |  |
| --- | --- |
| Home:       | Email:       |
|  |  |  |  |
| Mobile:       |  |  |
|  |  |  |  |
| **Emergency Contact:** Relationship and Name:       |
|  |  |  |  |
| Email:       | Phone No:       |

**Passport**

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| --- |
| **Important: Please send us a copy of your passport!** |
|  |  |  |  |
| Passport Number:       |  |  |
|  |  |  |  |
| Date of Issue:       | Valid Until:       |
|  |  |  |  |
| Is a VISA required to enter the Schengen States? [ ]  Yes [ ]  No  |

**Dietary Requirements / Known Allergies**

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|       |

**Medical Information – CONFIDENTIAL**

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| --- |
| All information will be treated confidentially. This information is necessary to ensure the athletes health.  |
|  |  |
| Surname:       | First Name:       |
|  |  |
| Name of your doctor:        | Email:       |
|  |  |
| Current Injures:       |
|  |  |
| Illness:       |
|  |  |
| Current Treatment:       |
| What medication do you take now?       |
| Do you have any MAJOR Past injuries/Operations/Accidents?       |
| Please note all medical information that would be helpful?       |

**Sporting Details**

|  |  |
| --- | --- |
| National Federation:       | Team or Club:       |
|  |  |  |  |  |
| Discipline:       |  |  |
|  |  |  |  |  |
| **Federation’s technical supervisor or National Coach:** |
| Please indicate surname, first name, complete address, phone and email: |
|       |

**Results**

|  |  |  |
| --- | --- | --- |
| **2019** |  |  |
| **International Event** | **Result** | **Discipline** |
|       |       |       |
|  |  |  |
|       |       |       |
|  |  |  |
|       |       |       |
|  |  |  |
|       |       |       |
|  |  |  |
|  |  |  |
| **National Event** | **Result** | **Discipline** |
|       |       |       |
|  |  |  |
|       |       |       |
|  |  |  |
|       |       |       |
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|       |       |       |

**Objectives**

**2020**

**2021**

**Motivation Questions**

1. **When you dream of your future in sport, what is the highest senior achievement level you dream of? (Please choose the most relevant answer)**

[ ]  Regional representation

[ ]  Representing your country

[ ]  Olympic selection / World Championships selection

[ ]  Olympic medal / World championship medal

[ ]  Olympic gold / World Championship gold

[ ]  Being a full-time professional athlete

[ ]  The greatest ever athlete in the history of my sport

1. **Read the 13 factors below:**

1) Quality of Coaching 8) Effort and Perseverance

2) Mature Personality 9) Physical characteristics (height, weight)

3) Amount of Practice 10) Love of sports

4) Family financial support 11) Natural abilities (strength, speed)

5) Other financial support 12) Chance Factors

6) Training Facilities 13) Self-belief

7) Family Encouragement

**Which of these factors contributed most towards your current performance level?**

**Please write your answer (s):**

**Did any of these factors become a significant obstacle to your progress during your talent development**

**(e.g., bad coaching, lack of practice, lack of natural ability)?**

**Please write your answer (s):**

1. **What were the main reasons for your motivation to continue with your sport? Choose only one or two reasons. If you choose two, name the most important reason first (e.g. 3 & 6).**

[ ]  It happened automatically. It was not a conscious decision.

[ ]  I felt I had high natural abilities for that sport.

[ ]  I loved practicing that sport.

[ ]  I loved the feeling of winning.

[ ]  I bowed to outside pressures (e.g., family, coach).

[ ]  I wanted to be with friend(s).

[ ]  I wanted to prove something to myself.

[ ]  I was dreaming of becoming famous.

[ ]  I was dreaming of becoming rich.

[ ]  I wanted to keep improving.

[ ]  Other reason (please explain and indicate the appropriate level):

1. **Please write a short paragraph outlining your motivation explaining WHY you would like to come train with us at the World Cycling Centre?**

**Place and Date:** **Signature:**